

## **A New Model for Health and Disease Table of contents:**

Foreword

Introduction

Chapters:

1. The necessity of a Model
2. The existing situation in medicine
3. Preliminary ideas
4. The energy complex of the human body The mental-spiritual plane The emotional-psychic plane The physical plane Hierarchical importance within the physical body
5. [Definition and measure of health \(read full excerpt\)](#) Definition of health for the physical body Definition of health on the emotional plane Definition of health on the mental-spiritual plane Measure of health
6. The relation of the human being with the universe
7. Dissociation of the levels Sleep Somnambulism (sleepwalking) Fainting Surgical anaesthesia Hypnosis Yogic and religious trances Schizophrenia Chemically induced "dissociation" using hallucinogenic drugs Apparent death
8. Evolution or degeneration
9. Stimulus or information
10. Saturation
11. The nature of the cause of disease
12. Universal energy-construction of the Model
13. The significance of the planes
14. Predispositions Hereditary complexes Inappropriate treatments received External circumstances that affect thinking
15. The defense system
16. The concept of regeneration-degeneration
17. The direction of disorder
18. **The hypothesis about AIDS**

Factors that promote degeneration by compromising the immune system High-risk individuals Low-risk individuals Factors promoting the degeneration of

the human body

**19. Practical suggestions for those who care to protect themselves and others from AIDS**

Individual level    Family level    Societal level    National    Govermental level  
International level

Epilogue    Some pertinent theoretical questions    The deeper reasons for this state of affairs    The need for expanding alternative methods of therapy    The New Centers of Medical Education

Appendices

A. Suggested research

B. Resources