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ILLUSTRATED

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**HOMEOPATHIC**

**TREATMENT**

Third Edition



Dr. H.S. Khaneja

# **ILLUSTRATED GUIDE**

*to the*

## **HOMEOPATHIC TREATMENT**

*By*

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## **PREFACE TO THE THIRD EDITION**

It is exciting to be a homeopath as every year brings new ideas, new methods and new remedies to explore. Homeopathy has an invaluable foundation and an historical tradition that remains unchanged, during lapse of centuries. It has solutions to seemingly confusing and complex problems which arise in a clinic and in life. In essence, homeopathy means learning the medical science and letting it grow further and further. Staying informed is vital for protecting health—health of loved ones and health of the patients. Keeping this view, I have prepared this third edition. I had no necessity to change anything and have followed the lines laid out in the previous editions but I have made additions here and there due to a fresh knowledge gained during these years. New chapters “Adultery, Adrenalitis, Athlete’s foot, Autism, Chlorosis, Pelvic floor prolapse, Vulvodynia, etc. and a few new illustrations have been added.

One problem with most patients is that they do not have patience. They may be suffering for years from a disease but want immediate cure. Not frequently, doctors complain that the homeopathic *materia medica* and *repertory* are too vast and too time consuming to study for selection of a suitable remedy. This book is unique in the sense that it contains knowledge about medicines, diseases, their cause and their prevention , illustrations to explain, food and general knowledge which makes reading interesting. All this saves valuable time of patients as well as time of physicians.

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## **PREFACE TO THE SECOND EDITION**

In preparing the second edition, I have revised the first edition and have made changes that the time rendered necessary. New chapters like Aphthae, Black heads, Buttocks, Cellulitis, Chronic diseases, Crohn's disease, Erythema, Excitement of sexual desire, Osteoporosis, Pains, Sclerosis, Stress and Cancer related diseases like Lymphoma, Hodgkin's disease have been added. Many more illustrations are included. The bulk of the work and old headings stand as it were before. Since the last edition, medical and surgical science has made further advances and hence there are a few changes here and there in almost all the chapters. Homeopathy is a standard law and requires no change. None of the homeopathic remedies have been recalled inspite of the enormous addition in their numbers.

General arrangements are unchanged and nothing has been omitted. On the contrary, great importance has been added. Objections are raised that medical works, like the present, encourage amateur practitioners and are therefore dangerous. They also interfere in the working of legitimate medical profession. These objections are entirely groundless as homeopathic medicines are absolutely harmless even if employed wrongly. The author wishes to call special attention to the chapters of this work which are devoted to hygiene and dietetics. These subjects are primarily important. The homeopathic physician should believe in himself and his knowledge of remedies — this is his key to success.

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## **PREFACE TO THE FIRST EDITION**

*'The Illustrated Guide to Homeopathic Treatment'* has been specially written for the benefit of the students of homeopathy and laymen who want to treat their own diseases. Simple language and easy words have been used for easy understanding.

Illustrations are given where necessary. Diseases have been described for treatment in a non-boring way. This guide is useful as "Teacher's Notes" of practical homeopathic therapeutics. Remedies have been arranged alphabetically for sake of convenience. That is not all. This book will also be found useful by the homeopathic medical practitioners as being a short cut to the repertory of the homeopathic *materia medica* and for easy selection of a remedy.

No definite and scientific guide is available for the selection of a potency. Some practitioners use high potencies with success while others use low potencies with satisfactory results. I use high potencies in chronic cases and low in acute and recent cases. I consider 30C potency neither low nor high. Thus selection of a potency is a matter of one's own choice and experience. In this book, where Q is mentioned against a remedy, it means mother tincture, where X is mentioned beside the potency, it means potency in decimal scale and where neither of these two are mentioned, it means potency in the centesimal scale and where no potency is mentioned, it means 30 in this scale.

It will be agreed that diseases like death, old age, etc. (about 10% in all) are not curable. Likewise, all the diseases cannot be cured by oral medicines alone. Surgery is required in some cases like fracture of bones, etc. I have given methods of surgery employed by surgeons in some cases because questions about it are generally asked by students as well as patients. Machines like X-rays, ultrasound, scan or magnetic resonance imaging unit (M.R.I), etc, are used in surgical cases and also in some other cases. M.R.I. gives incredible snap shots of the body for detection of bone marrow illness, disorders of ligaments and cartilages and their injuries. It also detects tumors and nervous disorders.

Microscopic and other laboratory tests are useful in their own way like examination of stools for the presence and kind of worms, urine for presence of casts, etc. and blood for its disorders. Use of machines makes it easier for the homeopath to treat the diseases and save the patient from surgery in several cases. It is very important that the cause of disease be known so that, the treatment can be directed at the source of the problem.

Our life depends upon the diet taken. Useful suggestions as to what can be taken and what should not be taken during ailments are given in each chapter. Medical science is a continuous process of study and research. Results of latest studies and research, as collected from various journals and newspapers are incorporated to keep the homeopaths abreast of the latest developments. I hope that this multipurpose book will be found useful by laymen, students, teachers of homeopathy, homeopathic medical practitioners, researchers and all those who love homeopathy.

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## **FOREWORD**

It gives me pleasure to acknowledge that I read the pre-released copy of the “*Illustrated Guide to Homeopathic Treatment*” by Dr. Harbans Singh Khaneja. The author has taken pains in compiling and arranging the guidelines for the homeopathic treatment. He has given very valuable suggestions for taking selective foods during ailments. He has also given methods of surgery and has compared the conventional treatment with the homeopathic treatment at places. He has suggested further fields of research for researchers. Naturally, such a work cannot be very perfect and complete, and reference to *materia medica*, etc. may become necessary in some cases. In my opinion, this book is revolutionary and will prove useful for all the lovers of homeopathy.

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24<sup>th</sup> Nov, 1998

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Any information given in this book is not intended to be taken as replacement of medical advise. Any person with a condition requiring medical attention should consult a qualified practitioner or therapist.

## **ACKNOWLEDGEMENTS**

It is my pleasant duty to express my gratitude to thousands and thousands of different individuals who came to me for treatment since more than 50 years of my homeopathic practice. They gave me all the practical knowledge and experience. My debt of gratitude also goes to several authors of homeopathic books from whom I acquired the theoretical knowledge.

I remained as the president of the Homeopathic Medical Association, Jalandhar (Punjab) and the senior vice president of its Punjab State Branch for several years. I continue to be a member of the National United Professional Association of Trained Homeopaths in Canada. These two associations deserve my special thanks for enabling me to attend several homeopathic conferences and seminars which added to my knowledge.

My thanks are also due to my wife, Mrs. Harbans Kaur Khaneja who took off all the domestic worries from my shoulders during the years I remained busy writing this book. My thanks are also due to Dr. Jasleen Kaur Khaneja, D.H.M.S. Gold Medalist, for typing the book for me.

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## HASTE AND HURRIED

- Acidum sulph.** (tds) : Everything is done in a hurry. Wants to finish work quickly.
- Aconitum nap.** (tds) : Hurried. Wants things done at once. Hurried in movements and speech.
- Anacardium ori.** (tds) : Swallows food and drink hurriedly although he is not in a hurry.
- Argentum nit.** (tds) : He wants to do things in a hurry.
- Aurum met.** (tds) : Constant rapid questioning without waiting for a reply. Speaks fast. Thinks he cannot do things fast enough.
- Coccus ind.** (tds) : Speaks hastily.
- Lilium tig.** (tds) : Hurried manners. Walks fast without any purpose. Will reach the railway station or an airport hours before due departure.
- Lycopodium** (tds) : Eats hurriedly without proper chewing as though in great haste which otherwise he is not in.
- Medorrhinum** 1M (hs)  
Repeat after a month : The patient is always in a hurry without any cause. For him time passes too slowly.
- Oleander** (tds) : Eats and drinks hurriedly whether hungry or not.
- Sulphur** (od) : Walks briskly without any urgent work. Hurried for stool and urine.

## HAWKING

- Aesculus hip.** (tds) : Hawking with expulsion of ropy mucus which tastes sweet.
- Argentum nit.** (tds) : Much thick mucus in the mouth which causes hawking. Sensation of a splinter in the throat. Hawking in smokers.
- Arum dracontium** 1c (tds) : Hawking. Continued disposition to clear the throat. This remedy is more indicated when

	the throat is sore and raw, and there is hoarseness.
<b>Arum triph.</b> (tds)	: Constant hawking.
<b>Aurum met.</b> (tds)	: Stitches and pain in the throat cause the patient to hawk.
<b>Causticum</b> (tds)	: Hawks to expel mucus under the sternum as it is hard to expel.
<b>Euphrasia</b> (tds)	: Hawking up of offensive mucus with bland coryza.
<b>Geraninum</b> 1x (tds)	: Constant hawking and spitting in elderly persons.
<b>Hepar sulphuris</b> (tds)	: Hawks to expel mucus. Sensation of a splinter in the throat.
<b>Kalium bich.</b> (tds)	: Stringy and ropy mucus is expelled on hawking.
<b>Lachesis</b> (tds)	: Chronic sore throat with much hawking. Mucus sticks and cannot be forced up or down.
<b>Mercurius bin iod.</b> (tds)	: Constant desire to swallow and hawk.
<b>Phytolacca dec.</b> (tds)	: Hawking on account of a sensation of a lump in the throat. Greyish-white thick, tenacious yellowish mucus difficult to dislodge.
<b>Selenium met.</b> (tds)	: Hawking and raising transparent lumps of mucus every morning.
<b>Silicea</b> (tds)	: Hawks to remove sensation of a pin pricking in the tonsil.
<b>Spongia</b> (tds)	: Cleans throat constantly. Tickling causes cough. Dryness of the throat.

## **HAY FEVER**

It is an acute, irritating, inflammation of the eyes and upper respiratory passages accompanied by itching and profuse watery secretion, followed occasionally by bronchitis and asthma. The episodes recur annually at the same or nearly the same time of the year, in spring, summer or late summer and

autumn. It is caused by an allergic reaction to the pollen of trees, grasses, weeds, flower, etc.

- Allium cepa** (qid) : Copious, watery and extremely acrid discharge. Sensation of a lump at the root of the nose. Fluent coryza with cough. Hoarseness and headache. Watering of eyes. Sneezing worse entering a warm room and better in open air.
- Ambrosia** (tds) : Lachrymation and intolerable itching of the eyelids. Watery coryza. Sneezing. Stuffed up nose.
- Aralia r.** (tds) : The least current of air causes sneezing with copious watery nasal discharge.
- Arsenicum alb.** (tds) : Burning in the eyes. Thin watery discharge from the nose. Nose stopped. Sneezing does not relieve. Symptoms worse in open air and better indoors.
- Arundo** (tds) : Hay fever begins with burning and itching of the palate and conjunctivitis. Annoying itching of the nose and at the roof of the mouth. Sneezing.
- Naphthalinum** (tds) : Coryza with hay fever. Sneezing.
- Natrium mur.** (tds) : Violent fluent coryza. Discharge thin and watery, like the raw white of an egg. Cold commences with sneezing.
- Psorinum** (bd) : Hay fever returns irregularly every year. Dry coryza with stoppage of nose. Dropping of mucus from the posterior nares. Symptoms worse cold, better warmth and in summers.
- Sabadilla** (tds) : Spasmodic sneezing with a running nose. Copious discharge of tough mucus. Frontal headache, redness and watering of eyes.
- Skookum chuck** 3x (tds) : Profuse coryza with constant sneezing.
- Tongo** 2x (tds) : Coryza. Nose stopped. Must breathe through the mouth. Hay fever.

**HEAD**

- Agaricus mus.** (tds) : Confused head, vertigo better by lying down. Vertigo from sunlight and on walking. Constant motion of the head.
- Arsenicum alb.** (tds) : Head remains in constant motion. Great itching of the scalp which is sensitive to brushing.
- Aurum sulph.** (tds) : Constant nodding of the head.
- Bufo rana** (tds) : Sensation of hot vapor rising in the head. Numbness of the head.
- Calcarea carb.** (tds) : Large head of an emaciated child. Sense of weight at the top of the head. Icy coldness in and on the head. Lots of perspiration which wets the pillow.
- Cannabis ind.** (tds) : Sensation of closing and shutting of the head.
- Carbo veg.** (tds) : Hat on the head intolerable. Hat appears pressed upon the head like a heavy weight.
- Cicuta vir.** (tds) : Head is turned or twisted to one side. Cervical muscles contracted.
- Cimicifuga** (tds) : Wild feeling in the head. Waving sensation or opening and shutting sensation in the brain.
- Coccus ind.** (tds) : Sensation of closing and shutting of the head. Sense of emptiness in the head, specially in the occiput.
- Gelsemium** (tds) : Heaviness of the head. Sensation of a band around the head.
- Helleborus** (tds) : Sensation of water inside the head.
- Hepar sulphuris** (tds),  
**Silicea** (tds) : Wrapping up of the head gives relief.
- Juglans regia** (tds) : Head confused, feels as if head is floating in air.
- Lycopodium** (tds),  
**Cannabis ind.** (tds) : Shakes head without any apparent cause.
- Natrium mur.** 200 (od) : Head sweats while eating.
- Ostrya virginica** (tds) : Anemia of the head from malaria. Numbness.

<b>Petroleum</b> (tds)	: Sensation of a cold breeze blowing on the head.
<b>Sepia</b> (tds)	: Sensation as if something was rolling in the head.
<b>Sulphur</b> (od)	: Constant heat on the top of the head, worse washing.

## HEADACHE

<b>Acidum phos.</b> 1c (tds)	: Crushing headache with pressure on the head. Dull headache after coition or from eyestrain.
<b>Agaricus mus.</b> (tds)	: Dull headache due to prolonged desk work. Vertigo when looking at passing cars. Headache as if from a nail. Headache with epistaxis. Desire to cover the head.
<b>Ambra grisea</b> (tds)	: Senile headache with depression. Tearing pain in the upper half of the brain.
<b>Antimonium crud.</b> (tds)	: Headache from river bathing, cold, alcoholism and eating pickles or acidic things.
<b>Argentum nit.</b> (tds)	: It is useful in dull chronic headaches of literary people and businessmen.
<b>Baryta mur.</b> (tds)	: Headaches of old people but without any acute crisis - heaviness rather than pain. Headache due to hypertension.
<b>Belladonna</b> (tds)	: Severe jerking headache extending from eyes to the nape of the neck, worse light, noise, jar, lying down and in the afternoon. Throbbing and burning headache from suppressed catarrhs or colds. Headache after having a hair cut.
<b>Bellis per.</b> (tds)	: Headache from the occiput to the nape of the head. Forehead feels contracted, bruised and sore.
<b>Bryonia alba</b> (tds)	: Bursting, splitting headache as if everything would be pressed out, as if hit by a hammer from within. Frontal headache. Worse on any movement and on coughing.

- Calcarea carb.** (tds) : Headache before menses. Sense of weight on top of the head. Headache from over-lifting and from mental exertion with nausea. Head feels heavy and hot with a pale face.
- Calcarea phos.** 6x (tds) : Anemic girls suffer from headache after studies or after school hours and from eyestrains. Headache due to abdominal flatulence or change of weather.
- Carbolicum acidum** (tds) : Headache with a sensation as if the head is compressed by a rubber band.
- Carbo veg.** (tds) : Headache from any indulgence.
- China off.** (tds) : Headache alternating with pain in the abdomen and relieved by stooping. Headache due to strain of eyes. Headache with a feeling as if the head will burst and that the brain was moving to and fro. Throbbing in the head and temples. Pain worse in open air, contact or strong wind. Vertigo when walking. Better by hard pressure and warmth. Periodicity is marked.
- Chionanthus Q** (tds) : It cures many types of headaches, neurasthenic, periodical, sick, menstrual and bilious. 5 drops a dose, thrice daily breaks up the sick headache habit.
- Cimicifuga** (tds) : Headache from worry, mental strain, over-study or loss of sleep.
- Coccus ind.** (tds) : Headache in the occiput and nape. Sick headache from carriage riding. Headache on reading, writing, watching a film, talking, noises and worries. Sensation of opening and shutting of occiput.
- Crotalus hor.** (tds) : Dull heavy occipital pain on the right side and right eye. Pain in the heart on lying on the left side. Must walk on tip-toe to avoid pain by jarring.
- Cyclamen** (tds) : One-sided headache with frequent sneezing.
- Gelsemium** (tds) : Dull tired headache at the base of the brain. The patient desires to lie with the head raised

- upon a high pillow and be perfectly still. Headache from mental labor, smoking tobacco and the heat of the sun. Better by pressure. Sensation that the head is compressed by a rubber band. Headache after debauch.
- Glonoinum** (tds) : Congestive headache during menopause or due to suppressed menses. Headache due to sun stroke. Severe throbbing headache due to high blood pressure. Headache increases or decreases with the sun. Headache in place of menses.
- Graphites** (od) : Headache on one side of the head extending to teeth and nose. Usually in the morning on rising.
- Ignatia amara** 200 (od) : Headache from exertion of mind like listening to a lecture from a teacher or close attention to an orator.
- Ipecacuanha** (tds) : Headache with nausea.
- Juglans regia** (tds) : Pain at the base of the head. Pain sharp.
- Kalium bich.** (tds) : Pains in the head in small spots due to suppressed catarrh. Frontal pain usually on one eye.
- Lachesis** (tds) : Headache during menopause due to non-appearance of blood at the proper time and better when the flow appears. Headache due to heat of the sun.
- Lobelia purp.** (tds) : Headache between the eyebrows with dizziness and drowsiness. Cannot keep eyes open.
- Lupulus** (tds) : Headache due to eyestrain or sex and a nights debauch. Dull headache with dizziness.
- Lycopodium** (bd) : Throbbing headache after every paroxysm of cough. Tearing pain in the occiput, better in fresh air. Pain in the temples.
- Natrium carb.** (tds) : Headache from slightest mental exertion - worse during change of weather and by working under a gas light or sun.

- Natrium mur.** (tds) : Throbbing, blinding headache comes periodically. Headache as if hammers were knocking on the brain. Worse in the morning on awakening. Anemic headache of school girls. Chronic headache from sunrise to sunset with a pale face. Headache from eyestrain and during menstruation. Headache which comes at 10 or 11 a.m. Pain like a rope tied around the head draw which is being drawn tighter and tighter.
- Natrium sulph.** (tds) : Headache worse during menses. Headache in people dwelling in basements and wet houses.
- Nux vomica** (bd) : Headache in occiput or over the eyes with vertigo. Brain feels as if going round in a circle. Headache in the sunshine. Headache after debauch. Frontal headache with a desire to press the head against something.
- Onosmodium** (tds) : Headaches from eyestrain and sexual weaknesses. Head appears confused, heavy and dizzy after sexual intercourse.
- Paullinia sorb.** (bd)  
(Guarana) : Sick headaches in persons who have used tea and coffee in excess. Throbbing headache after use of alcohol.
- Picricum acidum** (tds) : Slightest exertion or mental efforts brings on headache. This headache is often found in students, over-worked businessmen and people depressed by grief or other emotions.
- Platinum met.** (bd) : Headache in women with numbness. Pain increases and decreases gradually. Tense, pressing pain in a small spot.
- Psorinum** (bd) : Periodical headaches with putrid stools. Chronic headache, hungry during the attack with vertigo, worse during change of weather. Awakens at night with a feeling of pain, as if from a blow.
- Pulsatilla nig.** (tds) : Wandering pains in the head. Pain extends to face and teeth. Better open air. Headache from over-work.

- Sanguinaria** (tds) : Headache during menopause. Chronic headache. Periodical sick headache. Pain begins in occiput, spreads upwards and settles over the right eye. Headache every seventh day, worse right side during menopause.
- Selenium met.** (tds) : Headache from drinking tea.
- Sepia** (tds) : Terrible headache due to suppression of menses or due to scanty flow during menses or on account of constipation. Half sided headaches.
- Silicea** (tds) : Headache due to fasting. Pain begins in the occiput and settles over the eyes. Better by wrapping the head and worse in the morning. Profuse sweat on the head.
- Spigelia** (tds) : Pain beneath frontal eminence and temples extending to the eyes. Pain as if a band is around the head. Headache starts from the nape of the neck and extends to the left eye. This is used in many types of headaches.
- Spongia** (tds) : Bursting headache due to the rush of blood to the head, worse forehead.
- Succinum** 3x (tds) : Headache every seven days.
- Taraxacum** 3c (tds) : Sensation of great heat on top of the head. Scalp is painful to touch. Gastric headaches and headaches in anemic persons with flatulence.
- Thea sin.** (tds) : Sick headache due to excessive tea drinking is cured by this remedy.
- Tilia eur.** (tds) : Neuralgic headache starting on the right side and shifting to the left side with sensation of a gauze or veil before the eyes.
- Tuberculinum** 1M (hs) : Headache is so severe that the patient bangs the head against a door. Intense neuralgia as if an iron hand was around the head. Symptoms remain on changing.
- Viola odorata** Q (tds) : Tendency to pain immediately above the eyebrows. Headache across forehead due to uterine fibroids.

**NOTE:** Although the brain receives the pain messages from the body but it has no pain nerves of its own. Headaches do not indicate any brain problem. Such pains originate from the muscles and blood vessels of the head.

## **HEARING - IMPAIRED**

Hearing loss is generally gradual and painless in many cases developing so slowly that it is barely noticeable. At any age, hearing can be damaged by :

1. Middle ear infection.
2. Exposure to loud or constant noise.
3. Heredity.
4. Illness or birth defects.
5. The natural aging process.
6. Traumatic injury.
7. Tumors.

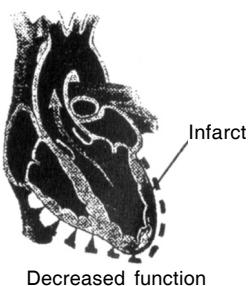
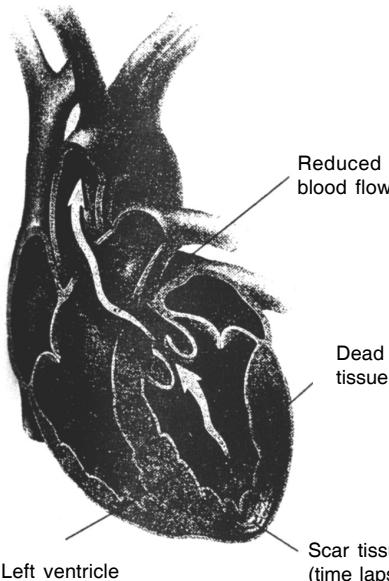
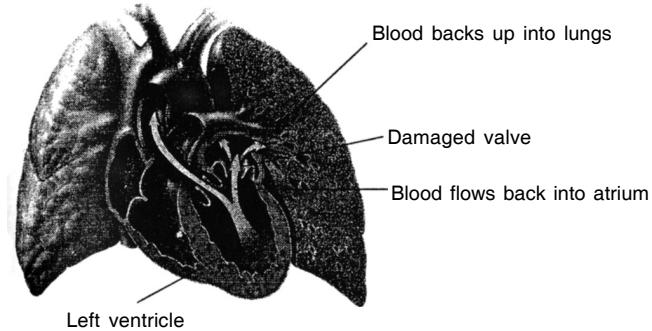
It is suggested that after the age of 50, a regular hearing test must be done. It should also be done whenever hearing becomes impaired. Treatment should be done on the basis of the disease. In most of the cases (90%), it will be necessary to have a hearing aid which should be used on the advise of an ear specialist. In the rest of the 10% cases, the following medicines are suggested. Please refer to "Deafness" also.

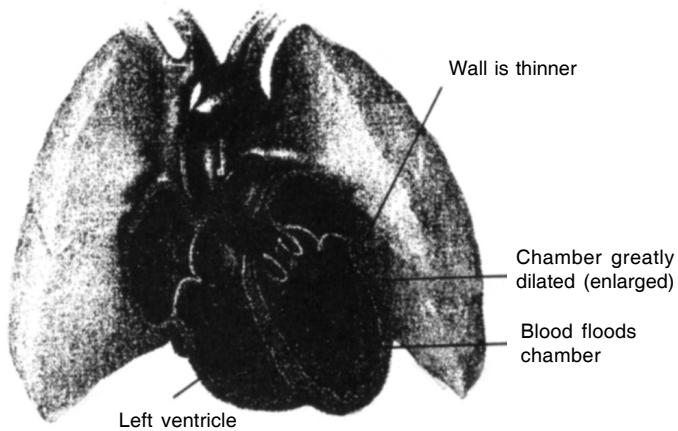
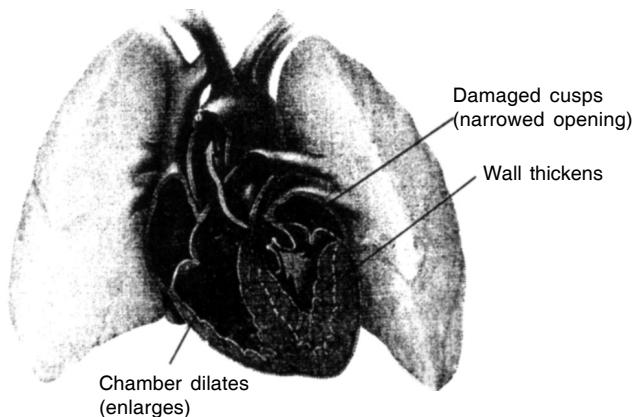
- Ambra grisea** (tds) : Dullness of the hearing without any of the defects mentioned above.
- Arnica mont.** (qid) : Hearing impaired due to a blow or an injury of the external and middle ear.
- Baryta carb.** (bd) : Hardness of hearing. Crackling noise in the ears. Glands around ears are painful and swollen. Reverberation on blowing the nose. Indicated in infancy and old age when the tonsils are swollen.
- Chenopodium** (tds) : Numbness of the auditory nerve. Hearing better for high pitched sounds. Comparative deafness to the sound of voice but great sensitiveness to the sounds of a passing vehicles. Buzzing in ears. Defect due to enlargement of tonsils.

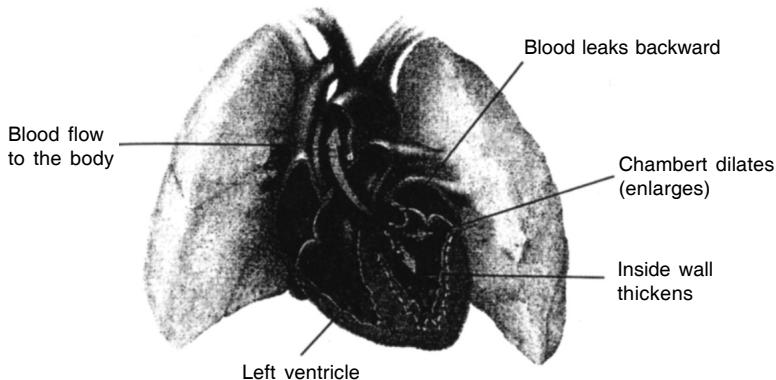
**NOTE:** One of the common signs of hearing damage is tinnitus, a ringing in the ears that often precedes hearing loss. It is a warning signal that often comes too late, after the damage has been done.

## HEART

### Mitral regurgitation



**Dilated cardiomyopathy****Aortic stenosis**

**Aortic regurgitation**

- Abies nig.** (tds) : Sharp cutting pain in the heart. Heart action is heavy and slow (bradycardia) or abnormally rapid (tachycardia).
- Aceticum acidum** (tds) : Weak heart. Profuse urination and perspiration. Great debility and dyspnea. Give only one dose a day.
- Aconitum nap.** (tds) : Heart affections with pain in the left shoulder. Tachycardia - abnormality of heart action and rapid beats. Stitching pain in the chest. Throbbing in the carotid arteries. Pulse full, tense; hard and bounding.
- Adonidinum** Q (bd) : Its action is like Digitalis and can be substituted by it. It is a cardiac tonic and empties engorged veins with fats. Valuable in cardiac dropsy with increased urinary secretion.
- Agaricus mus.** (tds) : In heart diseases when pain is prominent and the patient won't answer questions.
- Ammonium caust.** Q (bd) : This is a powerful cardiac stimulant and it removes blood clots. Maybe given by inhaling in cases of fainting.

- Arnica mont.** (tds) : It is helpful in a tired heart which has become irregular in rate and volume, whether as a result of a blood clot or not.
- Arsenicum iod.** 3x (tds) : Very specific in most of the heart diseases. Weakened heart specially with a chronic lung condition. Breathlessness on going upstairs.
- Arsenicum alb.** (tds) : It is very valuable for a weak heart which is irritable on the slightest provocation.
- Aurum ars.** (bd) : Chronic aortitis - inflammation of the aorta possibly due to cardiac asthmatic attacks, cough, dyspnea or syphilis. Stenosis of aorta i.e., narrowing of aorta or its orifice due to scar formation.
- Baryta mur.** (bd) : Hardening and narrowing of cardiac orifice with pain.
- Cactus Q** (bd)  
10-20 drops in  $\frac{1}{2}$  cup of water : Inflammation of the lining of the heart (endocarditis). Mitral insufficiency. Rapid and violent heart action. Palpitation. Angina pectoris with acute pain in the chest and left arm.
- Cactus Q,**  
**Crataegus oxy.** Q (qid) : 10-15 drops mixed together and given in water every four hours, acts as a heart tonic and strengthens the heart.
- Calcarea ars.** (bd) : It is an excellent cardiac tonic especially in dilatation and valve mischief. It relieves pain, palpitation and dyspnea besides having a marked influence over the dropsy, always imminent in these cases.
- Camphora** : As a heart stimulant for emergency use, it is a most satisfactory remedy. 5 drops per dose on sugar (not in water) every 5 minutes. Coldness of the body and extremities.
- Carbo veg.** (qid) : Excessive flatulence pressing the heart and causing a sinking sensation and depression.
- Cereus bonplandii** 1x (tds) : Pain in the chest through the heart running towards the spleen. Pain in the cartilages of left lower ribs and sensation of weight in the heart region.