



Provings Volume 2: Broadband, Granite, Marble, Limestone, Sandstone, Vacuum.

by Nuala Eising

Mobile Phone, Magnet, Time, Volcanic Ash, and Meteorite were published in Volume 1 in 2012. Here are 6 more remedies proved by Nuala Eising; two new - *Broadband* and *Sandstone* - and four published in small booklets several years ago. Just *Amber* and *Ignis* have not yet been reprinted. The 12 provings so far published are in themselves a lifetime's contribution to homeopathy but there may even be some more on the way. I look forward to that. There is a generous introduction where Nuala explains her work and method. She has often taken the substance herself. The provers do meet at college weekends, so it is hard to guess their mutual influence on one another but there is a ring of truth and obvious ethical and methodological integrity throughout the book, even if it is not totally conventional.

Nuala's provings have always been spectacular and this book is as good as the first volume. We were moved to learn about the serendipitous value of her first provings of minerals to some young victims of Chernobyl who were visiting Ireland. Her choices of local stones, which include background radiation, and imponderables with worldwide influences, are inspired.

This volume is startling in that it is a huge and heavy book, daunting to look at but the main body of each

remedy reads fluently like a story, full of descriptions of all human life and relationships. If I say it reads like a series of novels I do not mean that the contents are fiction but that they are immensely readable.

There are introductions: how and when and why the substance was prepared and administered, and then themes which appear in the proving, all written up as the provers' experiences, identified as Prover A, Prover B etc. There are many tales of the relevance of a proving substance to the life of one of the provers. The mixture of logic and inspiration is again impressive, for example using a vacuum pump and a bottle of alcohol to create *Vacuum*. There follow listings of symptoms in normal repertory schema order.

I have some suggestions for new provings. I recently met a man whose occupation is water purification, and I was interested to learn about the chemicals he uses, but no - water is purified with infra-red rays, and we all drink this water: time for another proving. Then there are MRI scans: having been volunteered to undergo such a scan as part of someone's research, not only am I apprehensive about doing a full body MRI, but I am thinking maybe I should take a little bottle of brandy in with me and make a potency from it for a proving! I look forward to reading this book again, and to the next volume.

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