TYTO ALBA

Balanced; easy concentration, peaceful atmosphere, mood Slightly animated and content Through meditation and prayer I want to enjoy and love the present Unusual tranquillity

Surviving in nature, Survival training, Getting to one's limits
Eating maggots

The boundary between reality and conscious and unconscious became porous; This was very impressive, but also frightening Like a psychic medium, something that connects the worlds, conscious and unconscious. Something that lets you see things where you usually can't

Sens. everything around was unreal

Was that really so, Has this really happened or did I only dream it?

Phantom-like visions, sounds, thoughts

Clouds and motions on the fringes of the visual field, that couldn't be referred to anything From corner of eye see something black, like a shadow, moving; looking, don't see anything From the corner of eye see a big animal scurry down a tree; on looking at it, there was nothing. Sounds for which there is no explanation; I go into the room where I heard the noise from, but don't find an explanation

On the mental level strange observation on the fringe of consciousness

Sens. of something happening on the fringes [of my mind], which always vanished, when I focused my attention on it

Did I really dream this or was it my imagination? Sometimes I don't trust my own perception. Furthermore I often think that what I say is a lie

Dreamt, I had gone asleep and had a dream that I had gone to sleep – a dream in the dream of the dream. It was extremely difficult to get out of it; I had to struggle to wake up. And then it was a dream again. I just couldn't get out Dreams and thoughts of Grandmother

Barn owl, Ghost owl; Spirit owl, White owl, Screech owl, etc.
(Breast muscle & a feather)
Order: Strigiformes, Family: Tytonidae
Tyto-a.

Birds

Freedom ↔ Restriction

Thankful for my family's love

Being able to care for herself and not only think of others

Hatred and rage towards my father, who terrorised the family with his illnesses Harassed by the illnesses of others; I am not responsible for my mother's problems; I don't want to be burdened with them anymore

Issues of order, structure, systematization

Disassociating; to the point of "What the fuck, who cares"

Delimitation and participation Avers. closeness, Avers. to talk

Hatred towards others;
All the others are stupid
He's an arsehole; stupid and fat
I don't give a shit,
I can't be arsed
Curses often
See encroachment (attack)
as undue control

I am thinking about the right and left halves of the brain; How can one find the centre in oneself and live? Rigidity; sens. of a pushing, like torture

Express their opinion clearly and disassociating; Replies in a sharp, clear, definite way Say goodbye to old things Integration of Kali, the murderer, the beast inside the woman, live your strength, your beast, your animalistic power! Talks intensively about dying and death

Sens. threat against a group
(village, town, etc.)
Rage as a total source of
strength (power) for me,
rage like fire on the hand,
that I can inhale and use for
my powers of self-assertion
in this society

Del. husband is selfish and envious,

doesn't show any interest in me at all;
He draws a lot of energy from me when
he has asthma; Exploited by him; he is
not getting sex, this would even draw
more energy from me; Avers. sex
I love this remedy! It distances myself
from school, my brother and my
husband. The killer!
Or great sexual desire
Lots of sexual energy, greedy
Has orgasm from rolling on the floor

Sens. head is totally empty, hollow Can't absorb anything, I am just marking time. Scatterbrained In a fog; sens. she is miles away with her thoughts, then total emptiness, indifferent to everything, mental paralysis

Alternating: good mood, and then impatient again and all of a sudden irritable, indifferent and animated Quick-tempered, Cranky, as if stuck inside, no lightness

Nervous and aggressive; snarling Do absolutely not want to be touched Sadness without obvious reason and much weeping, Sighing Sens. extreme rejection and isolation

Rapid changes of mood within a short time; Feels chased, rushed, as if she was beside herself, everything needs to go fast, but without emotion, cold as ice

Total chaos; Feeling over-challenged Fear of going to work, anticipatory tension, whether she can accomplish, do everything right, think of everything, do everything right, whether she has forgotten something

Much confusion and lack of clarity

Forgetfulness of everyday things: make-up, keys, dates. When driving in the car had the feeling of having done a time leap; a piece of the route was missing in my memory Del. others are laughing at her confusion

Feels misunderstood

Del that the birds (esp. a bird of prey that I cannot identify) communicate with me; an intensive perception of these birds' voices, that I am deeply moved. No fear, just the feeling of being really connected to the birds!!!

Generals: < nap at noon, Very cold Sx in mouth and throat < by cold drinks Biting the nailbeds. Sens. to all impressions Sens. of crawling animals; maggots through skin

Ernesto Glez. Stem: http://www.flickr.com/photos/abariltur/



Tyto alba - the Barn Owl, A homoeopathic remedy proving; Conducted and edited by Jörg Wichmann and the Bergische Homöopathie-Schule, 2004. The remedy was given to the Remedia Pharmacy by the German homoeopath Herbert Sigwart, who acquired it from the Danish museum of the University of Aarhus, where he got the breast muscle and feathers from a deep -frozen wing of a barn owl. Owl was chosen for this proving due to a 'joke' proving of 'owl's milk' called 'Lac owleum', eight years earlier. This faux proving was taken seriously by the homeopathic community and caused quite a stir when it was found to be 'bogus' - merely a joke. "Yet since that article I knew I owed something to the owls whom I had mistreated in this way for a mere joke, and in which their spirit had taken part extensively, I'm glad to say. So eight years later I started a full and serious remedy proving of owl."