

**AN EXTREMELY THOROUGH,
EXHAUSTIVE AND ACCURATE GUIDE
TO
SUCCESSFUL PRACTICE OF
HOMOEOPATHY**

**BOOK 1 — Explanation of Section 213 and 153
of the *Organon***

PREFACE

I started my career as a freelance medical journalist. Forty-two years ago, while in New Delhi, when I entered the scene of homoeopathy I noticed one striking thing—while one homoeopath cured most of his patients with one single dose (even obstinate chronic cases), another was giving more than one remedy that too repeatedly, with partial or nil relief. Thus, my journey started to fill this gap of knowledge among homoeopaths.

I started studying and practising homoeopathy out of sheer academic interest and after forty-two years of continuous and rigorous study and search got the inspiration to write this book. If the reader keeps this in mind, he would evince much interest in what I am going to write in the following pages.

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[*Note: One lakh copies of this book are being sent
free of cost to homoeopaths all over the world.*]

HOW TO MAKE HOMOEOPATHY MORE POPULAR AND ACCEPTABLE? Of late, there has been repeated hue and cry from homoeopaths against governments and others for not giving due recognition to homoeopathy. The remedy lies not outside but inside—among homoeopaths. If we improve the quality of our practice, government and others (including allopaths) would automatically come forward not only to recognise but also admire us. This work is an attempt to this end.

The following are from Kent's LESSER WRITINGS:

“It is very rarely the case that among the provings of our remedies not one is to be found which corresponds to the characteristic features of a case”[†]

“Homoeopathy is slow to win its way because of defective use of books as well as because of defective books.”

The following books alone are the most useful reference books in day-to-day practice and they are without defects.

1. Samuel Lilienthal's *HOMOEOPATHIC THERAPEUTICS* (Hereinafter called 'Lilienthal')
2. J. T. Kent's *REPERTORY*
3. *WILKINSON'S MATERIA MEDICA*
4. Boericke's *MATERIA MEDICA*
5. W. A. Yingling's *THE ACCOUCHEUR'S EMERGENCY MANUAL*
6. *REPERTORY* by Dr. Calvin B. Knerr

[†]I have to mention this because provings of new remedies are being published in journals and elsewhere as if we lack remedies in the existing materia medicas.

CHAPTER - I

RANDOM NOTES ON PRACTICE

1. What is the remedy to be given (just one single dose) to a pregnant woman, when the foetus (baby in uterus) stops growing?
2. During epidemic encephalitis (brain fever, *e. g.*, in Ariyalur, Tamil Nadu) what remedy would you use as prophylactic (preventive)?
3. All the children born to a woman are syphilitic by birth. What remedy in one single dose you would give her to prevent syphilis in the subsequent babies?
4. What is the remedy to be taken once in a month by *all* practising homoeopaths? (Just because no homoeopath has been taking this regularly, homoeopathy is not becoming popular.) Also, please note that this remedy must first be given to your doctor-patient *i. e.*, any homoeopath coming to you for treatment and also to a patient who has gone to many homoeopaths.
5. Name the two authors who had written biography of Dr. Samuel Hahnemann.
6. Doctors say that an expectant mother is too weak to develop normal pains; moreover, she is anaemic and so caesarean alone is the solution. What is the only one remedy that will cure her anaemia, remove weakness and thus cause normal child birth? (The answer is neither *Pulsatilla* nor *Caulophyllum* as told by the majority of homoeopaths.)
7. What is the chief or first remedy that you would think of for haemophilia?

8. In homoeopathy what is the meaning of ‘scrofula’ or ‘scrofulosis’ and ‘cachexia?’
9. What is the remedy for jaundice after blood transfusion?
10. In respect of the symptom ‘haemorrhage’ differentiate between the two remedies *Phosphorus* and *Hamamelis*.
11. Name the remedy for (a) violent blow on single part of the body; (b) after a person falls rolling down from a speeding train or bus; (c) falling from height (second or third floor or from a tall tree) with bleeding; (d) falling down while trying to climb a running jeep from behind?
12. Under what rubric in the repertory would you search remedies for a patient with chronic tonsillitis?
13. What is the name of the reference book (and the name of its author) you would use for complaints of pregnant women occurring directly before, during or after childbirth or abortion?
14. A lady of twenty-eight had attempted to commit suicide (by swallowing kerosene or sleeping pills) and somehow she recovered. What is the remedy for her so that she may not repeat it in future?
15. What is the remedy for ‘ghost pain’?
16. A patient had fracture of tibia bone and though it healed, he was having pain with oozing etc., at the wounded place. One single dose of a remedy cured him. What is the remedy?
17. A patient was having vision problem. Went to an eye specialist and got spectacles. After a few days that glass did not suit. Had to change his specs. Like this it happened 5-6 times. He was having half-a-dozen spectacles and whatever suits for the day he would wear it for that day. One single dose cured him. Name the remedy.

18. A patient complains of pain in spot in many places. If you draw a line connecting all these painful spots it is a straight line 90° vertically. E.g., pain in right temple, right side of chest, right side of lower abdomen. Can you name the remedy please?

[For answers *see* page 50]

CHAPTER - II

SCOPE AND LIMITATIONS OF HOMOEOPATHIC SOFTWARES?

A practitioner would be doing a great blunder if he thinks that he can find the remedy for all his patients with the repertory or software. Most of those using software are under the illusion that once the homoeo software is installed, they can be damn sure of selecting the remedy for their patients. To remove this illusion the following is being written.

The practitioner searches in the software for ‘diabetes’ and he gets some results. But, at the same time, he would be missing many remedies for diabetes. This is because in some places of materia medica for ‘diabetes’ the terms ‘glycosuria’ or ‘sugar in urine’ is used.

Before programming the materia medica they must either change all the words ‘glycosuria’ as ‘diabetes’ or give ‘diabetes’ within brackets after all the words ‘glycosuria.’

Because of either ignorance or arrogance the homoeo software programmers are not listening to these observations.

Again a doctor may search for ‘liver’ but in many places we find equivalent terms ‘hepatic affections’ ‘bilious’ etc. are used for liver affections and the list goes on.

Therefore, the alternative terms must also be included in the materia medicas such as the following terms:

- old age, aged persons
- glycosuria, diabetes, diabetes mellitus
- kidney, renal, nephritis, and so on and so forth.

Moreover, finding the remedy—the similimum for a patient is not a mechanical job; it is *artistic*.

Also, certain syndrome (group of symptoms) cannot be classified under any rubric in the repertory or software and so a homoeopath must necessarily learn by rote[†] such symptoms! Example cases are given in the next pages.

CHAPTER - III

‘RARE-STRANGE-PECULIAR-UNCOMMON’ SYMPTOMS (Section 153 of the *Organon*)

The most misunderstood topics in homoeopathy are ‘*mind symptoms*’(section 213 of the *Organon*) and ‘*uncommon-rare-strange-peculiar-symptoms*’(Section 153.) When Section 213 is read with section 153 we can conclude that we should take only those mind symptoms which we have never heard before normally/commonly/usually in any patient.

CASE 1: Mr. N. 57 years reported: “Doctor, daily morning I get headache; in the afternoon, after lunch I have distension of abdomen, gastric troubles. In the night I get terrible pain in the leg...”

[†]rote - mechanical or habitual repetition (Oxford)

Repertory is of no use in this case. The case is very simple. His symptom is to be classified as follows: “*Aggravation of head symptoms in the morning; abdomen in the afternoon and legs in the night*”

Under the remedy *Ammonium mur.* (Boericke’s *Mat. Med.*) the following is specified:

Its periods of aggravations are peculiarly divided as to the bodily region affected; thus the head and chest symptoms are worse mornings, the abdominal in the afternoon, the pains in the limbs, the skin and febrile symptoms, in the evenings.

CASE 2: A patient consulted me for constipation. Laxatives and purgatives were said to be of no use. He further said that for several years he had been taking daily anticonvulsant drug for epilepsy and if he stops it, he would get convulsions.

The symptom under the remedy *Opium* (in Wilkinson’s *Materia Medica*) agrees with this case:

“...Increased irritability and action in voluntary muscles, with diminution of it in involuntary muscles...”

When the intestine is full with faeces, urging is not felt (involuntary muscles.) In the instant case these muscles are not functioning. Movement of limbs is controlled by voluntary muscles and he gets convulsions in them (increased irritability and action).

Opium-10M one single dose cured his constipation and he was asked to stop anticonvulsant drugs; he did so and to his surprise convulsions did not appear.

CASE 3: A patient showed his right leg with ulcer. He got injury a few months earlier but so far it did not heal in spite

of best medical treatment. After a pause, the patient continued, “Doctor, ever since the accident I feel numbness in my right upper arm and I am unable to use it freely. Has this non-healing of wound in my leg anything to do with numbness in my arm? But my arm was not hurt in the accident.”

We say that homoeopathy is a system of medicine where the patient tells or indicates the remedy to us. In Wilkinson’s *Materia Medica* the following sentence under the remedy *Pulsatilla* agrees with this case:

*... depression of vital power on one side
and increased irritability on the other...*

Pulsatilla-10M, one single dose, cured both the ulcer on the leg and numbness in the arm.

CHAPTER - IV

‘MIND SYMPTOMS’

The following actual cases cured by the author will illustrate this point for a clear and accurate definition of the meaning of ‘mind symptoms’ in a matter-of-fact way.

CASE 4: A renal failure patient under dialysis and waiting for kidney transplant, was under our treatment. We could not find his remedy.

There is no guarantee for kidney transplant, because after a few years, many patients die because the donor kidney stops functioning. After transplant he was heard saying, “Now I feel as if I am released from prison . . . as if I have taken a rebirth.” This he said because he is now freed from torturing and exhausting bi-weekly dialysis, taking rest, body becoming weak etc.

This mental picture of the patient should at once bring to our mind the following words:

*...desire to be released from what seems to be a perpetual burden of sorrow... (See Lilienthal p. 698—
MELANCHOLIA—Ignatia)*

We are going to give *Ignatia* to him and we are confident that his other kidney would start functioning and even if the donor kidney fails he would live long.

CASE 5: A patient with weeping eczema etc., came to me and said, “Doctor, I am not taking the treatment to live long. But I have an aged daughter to be married and a son who is looking out for a job. Who would come forward to marry my daughter, if I have a weeping eczema? Only because of that, I want to get cured. Before I die, I want to settle things in my family; my daughter getting married and son getting a job. Then I can die peacefully.”

Under the homoeopathic remedy *Petroleum* (Boericke’s *Materia Medica*) we find the following:

Feels that death is near, and must hurry to settle affairs.

Now, this sentence fits in approximately with the remarks made by the above eczema patient. This remedy was given in single dose and it cured him completely.

CASE 6: A peptic ulcer patient’s condition worsened day by day and allopathic antacids were giving only temporary relief. At the height of his suffering (hunger pain with burning sensation in the food pipe, temporarily relieved by eating) he was heard saying, “I think that my end is approaching; I must call the lawyer to write the will; that this hotel of mine should go to my wife; money deposited in the bank is for my son. My

widowed sister who has been living with me for several years and helping me should take the house which I bought recently.”

This mind picture agrees with the remarks made by the patient in case No.5 above. One single dose of Petroleum-10M cured this patient as well. We do not prescribe on names of disease or pathology but on ‘uncommon’ symptoms having no connection with pathology.

The above cases 5 and 6 would show the reader that

- (a) one and the same remedy may be called for in different persons with different diseases; also,
- (b) different persons suffering from one and the same disease may need different remedies.

CASE 7: A seventy year old carpenter was under my treatment for skin complaint and he was improving. I ask my chronic disease patients to come once a month. During one of his visits he was accompanied by his 48-year old son. The latter was coughing with chest congestion etc. The carpenter told his son; “Why don’t you also take treatment from this doctor. See how much I have improved, whereas the other seven doctors to whom I consulted earlier could not do anything in my case.”

To this, the son said: “The new house where I shifted has no *raasi*.”[†] (‘Raasi’ in Tamil means luck). In other words the person feels that everything was going wrong ever since he

[†]A professor was having a two wheeler. After ten years it was no more useful, also the vehicle was outdated and could not be used because spare parts were not available and so it was to be condemned. He bought a car and also very good latest Japanese two-wheeler. But he was not ready to dispose of the ten-year old two wheeler. He said, “Everything went well and I got prosperity only after buying that vehicle. So I won’t part with it.”

started living in a particular house. So, that house has no raasi. Or, a person feels that ever since he bought and started using his car, nothing went right. He attributes his sufferings, failures, difficulties etc. to that vehicle. I hope the reader would understand this. The son continued, “Even the new work place where I am going daily is not raasi (or has no good luck.)”

The other word to describe ‘raasi’ would be ‘sentimental’ ‘luck’. The carpenter’s son was not ready to take treatment from me only because he felt that the house and the work place is the cause of his respiratory complaints.

I gave him one dose of a remedy telling him to take that and he need not pay me any fees. He took it. (Later I learnt that he was completely cured.).

Can any homoeopath tell me what remedy I gave the patient?

MIND Symptoms: Superiority of Lilienthal:

Read the remedy *Staphisagria* in the chapter *Melancholia* in Lilienthal. (page 701.) There we find the following:

Inwardly gnawing grief and anger, he looks at everything from the darkest side . . . disinclination to work and think; dread of the future and dread of being constantly pursued . . . a sorrowfulness ending in paralysis of the intellect . . .

The enthusiastic reader would be eager to know how I selected this remedy for the above case.

- (a) Reproaches others (blamming the house and work place.)
- (b) Sentimental.

I write down the remedies common to both the above rubrics (Kent's Repertory) and read them in the chapter *Melancholia* in Lilienthal. *Staphisagria* suited the symptoms of the case.

CASE 8: A lady of forty-two came with a large calculus in her urinary bladder. She said that allopathic doctors advised surgery as the only answer but she declined to undergo it. She continued that she had already undergone two caesarean sections and one appendicectomy; after each one of these surgeries, her general health ran down. Therefore she cannot afford deterioration of health any further with another surgery and that she must safeguard her health for the remaining period of her life. Under the remedy *Nux vomica* (See the chapter '*Melancholia*' in Lilienthal's) we find the following words:

Afraid she may not have enough
to live on.

Nux-vomica-1M one single dose was given in the evening. Not only her general health improved, but also the size of the stone started reducing. (Patient still under treatment)

CASE 9: A chronic renal failure patient came to me with a few relatives, all of whom were allopathic doctors. They showed me a file containing the diagnostic and other papers of the patient. After this, one by one, the relatives went out.

The patient was still sitting. He said, "Doctor, my sons say that I am sick and so I should not ride bicycle, go out and

do our business. They say they will do everything and ask me to sit at home taking rest. As my children, they should only tell me that I am all right and I would recover soon. But instead of encouraging me for speedy recovery they have branded me as a permanent and incurable patient[†].”

This patient feels that his sons, instead of encouraging, are letting him down. What one requires from the relatives is not money nor help but *moral support*. In this case the patient feels that this is completely missing.

This symptom we find in two remedies. (*See* Lilienthal, p. 698 and 702) They are

“... a feeling of moral deficiency...” – *Kali brom.*

“... despondency, sadness, moral depression and relaxation...” – *Tarentula hisp.*

Tarentula hisp. 10M - single dose was given.

CASE 10: A lady of fifty-five, school teacher, was under my treatment for three months for sinusitis with little relief. She lives thirteen kilometers away from my clinic and she works in a school which is less than one kilometer from my clinic. Before going to the school she would come to me once a month, take medicine and go to school. Seeing no relief in spite of three visits, I told her that a certain acupressure doctor would come and give just 3-minute treatment once only and for this she need not pay any fees and also I assured total relief. Since the acupressure doctor comes to my clinic on

[†]The reader may note here that in most cases the ‘uncommon’ symptom (on which we can make a prescription) is told by the patient at the end of the consultation, or, in some cases, *after* you have made the prescription! In yet a few cases, during the second or subsequent consultations!

Sundays only I asked her to come on a Sunday. To this she replied, “I have to come all the way... from ... (her residence.)”

During the earlier three visits she would come to me in the morning before going to her school which is near my clinic. Sunday is holiday for school and she feels it an ordeal to come for acupressure treatment all... the... way from her residence thirteen kilometers away.

It is hesitation. I told her no need to pay any fees for the one-time acupressure and 100% cure was also assured. Therefore, travelling thirteen kilometres won't be a crime. But to do this she has hesitation. Before we show the reader how we selected the remedy on this symptom, let us now see two more cases.

CASE 11: A lady allopathic doctor was learning homoeopathy from me every Sunday morning for two hours. She consulted for her complaints and total relief of her ailments. Once she said, “Doctor, can you give one-dose treatment for my son? Since birth he is having perennial cold; now he is five years and almost every week he has to take drugs.” I told her that she must bring her son at least once and I would cure him completely. Bringing her son once (and I am not going to charge her since she is my student) is not an ordeal or something immoral. To this she replied, “For this I have to... bring him all the way from my home” (which is just ten kilometers away.)

She hesitates for this small thing of bringing the boy once only to me and for which the boy is going to get total relief permanently.

Only if you actually listen to the patient's reply in person you may understand this. Let me explain and elaborate on this.

Suppose you are asked by your teacher to murder a certain person. What would be your reaction? Immediately you would reply as under: “Sir, I... have to...” (The sentence would be incomplete. Because you have hesitation since doing this job would prick your conscience.)

In the above said case No. 10 and 11, for merely travelling ten kilometres they have lot of hesitation as if I am asking them to do some crime or immoral thing. In other words, they are over conscious of a trivial thing. The apt term would be “Conscientious scruples.” This symptom is in the remedy Arsenicum album. [See Lilienthal - p. 694.]

Let us repeat, that uncommon mind symptom may be in most cases one and the computer-software or ‘remedy finders’ are of no use. One single dose of Arsenicum Album-10M completely cured the above sinusitis patient (case No.10 above) and even acupressure treatment was not given.

CASE 12: This is a cancer patient and after the consultation was over, I asked my fees of six thousand rupees. To this he replied, “Money... is...” (The sentence was incomplete and hesitation was as if they are asked to do some big immoral act.) He should say that either he has no money or that he would try to borrow from relatives. But he does neither. Ars. Alb-10M, one single, dose cured him.

The above cases would illustrate the meaning and interpretation of mind symptoms of a patient. In some cases the repertory or software is not useful and you have to learn by rote these uncommon mind symptoms.

The above three cases are quoted here to illustrate that if the practitioner can memorise the symptoms of various remedies given under ‘Melancholia’ in Lilienthal (which is of

eleven pages) he would be able to select the remedy in more than fifty per cent of cases that too at the very first attempt.

Let no one practise homoeopathy who does not have a copy of Lilienthal and does not make use of it.

Precision and versatility is required to practise homoeopathy.

What is most disappointing is that no one talks about Dr. Lilienthal's work, be it in seminar papers, monthly meetings or articles in journals.

Said Charles Gatchell in a review of *HOMOEOPATHIC THERAPEUTICS*, "... it is an extraordinarily useful book and those who add it to their library will never feel regret..."

In a review, Samuel A. Jones said about Lilienthal's as under:

"For the fresh graduate this book will be invaluable... to the older one who says he has no use of this book, we have nothing to say. He is a good one to avoid when well, and to dread when ill."

The three authors who have correctly understood mind symptoms are:



Dr. Samuel Lilienthal, M.D.

- (1) Dr. Samuel Lilienthal
- (2) Dr. Constantine Hering (*Guiding Symptoms of our Mat-Med*, 10 volumes)[†]
- (3) Dr. William Boericke (*Mat. Medica*)

And Lilienthal tops the list. If you can understand correctly and thoroughly the lines under all remedies in the chapter *Melancholia* in Lilienthal, you get more than 70% success in your practice.

Lilienthal is ten times worth its weight in gold.

Wilkinson's too is good at mind symptoms. How to master mind symptoms with Hering?

After having selected a remedy and having seen that it has cured the patient with one single dose of that remedy, read that remedy in the Chapter 'Mind'. If you do it two or three times for a remedy, fourth time when that remedy-type patient comes in, you can straightaway prescribe that.

For example, I would never miss *Lycopodium* and *Nux vomica* for patients, most of whom throw the following symptoms:

Lycopodium:

- (Wilkinson's) – *Talks with an air of command. Manner stiff and pretentious.*

Nux vomica:

- (Boericke's *Mat. Med.*) – *...particular, careful, zealous...*

[†]Only the useful portions from this 10-volume have been taken out by Dr. V. Krishnamurthy and compiled in two volumes with the title *Wilkinson's Mat. Medica*

- (Wilkinson's)– *Desire to talk about one's conditions with anxious reflections about it.* (The patient comes in, sits and turning his face to one side, stares at the roof and tells his complaints in the past-present chronological order. He continues to stare up the ceiling continuously till he finishes the history of his complaints till date.)

Sometime you have to read the entire symptoms under Mind in all the remedies to select a remedy for a patient. (For this I use Boericke's *Materia Medica* and *Wilkinson's*). But once you find the remedy, subsequent cases requiring that remedy becomes easy.

I am not reporting here cases with their follow-up but my attempt is to tell the reader how and what exactly homoeopathic practice is. As one cannot learn swimming without first getting into the water, or driving a car without first sitting on the wheel, so also without actual cases on hand one cannot learn homoeopathy. To that extent only I am quoting actual cases as seen in my clinic.

I am a free-lance medical journalist and so I took the following two cases as a challenge to homoeopathy. These two cases would illustrate the reader how rich, exact and accurate (and also complete) our existing materia medicas are. Thus and therefore, what is needed is exact mastery of the use of five reference books *viz.*, Lilienthal, William Boericke, J.T. Kent, *Wilkinson's* and Knerr (and more importantly Yingling, for medical emergencies at the time of labor or abortion.).

CASE 13: A patient with chronic headache, after spending much money with various doctors, specialists and homoeopaths came to me. After finishing the history of his seven years' pain in head, he ended up saying: "Doctor, if you or anyone can cure me of this terrible headache, I won't mind

even giving away half of my property (worth three millions) to that doctor.”

Doctors of all other systems would simply ignore this statement of the patient.

If a patient is ready to pay 1.5 million... I thought over this. I took this as a challenge to homoeopathy. I asked him to first pay me ten thousand rupees and also give me two weeks’ time with a promise that if I do not cure him in one single dose (or a few doses) I would pay him double the amount paid by him. Also, if he is cured he may pay me another ten thousand rupees. He agreed to this condition and paid ten thousand rupees.

I took a copy of Boericke’s *Materia Medica* and went to a professor of English in a college and requested him to render me a help. I told him that he has to read the lines given only under the chapter ‘Mind’ in all the remedies in Boericke’s *Mat. Med.* and underline if any relevant line is found equivalent to the statement of a person who says that he would pay half of his wealth if his headache is cured. I paid him five thousand rupees (which the professor said is more than sufficient for the work)—It may take a few days, daily spending two or three hours to go through the lines given under the chapter ‘Mind’ in Boericke’s 688-page *materia medica*.

To another professor of English I gave a copy of *Wilkinson’s Mat. Medica* and paying him the remaining five thousand rupees requested him to do the job of reading the lines given only under the chapter ‘Mind’ in all the remedies (and this too would take a few days, daily working for three hours) and tell me if he finds anything equivalent to the above said statement of the headache patient.

The first professor (using Boericke's) could not find anything apt. But the second professor underlined and pointed out the following lines in the remedy *Stillingia* (under 'Mind' in Wilkinsons).

“Deplorably downhearted; suffering extreme torture from bone pains.”

Stillingia 1000, one single dose cured the patient and he paid me another ten thousand rupees. After this case I cured two more patients with *Stillingia*. both of whom said the above words (ready to give his entire wealth to the doctor who cures him).

Diligence and knowledge of English language, both to the core, are required to practise homoeopathy.

CASE 14: Here is another case of headache. This 55-year old male patient remarked: “Doctor, all these years I have been having these pains; my sufferings are such that no amount of compensation would be equal to it. Even if you make me the President of all the nations in the world that would not be a sufficient compensation.” I told him the same condition which I put to the patient in the earlier case. After taking ten thousand rupees I went to the two English professors, one with Boericke and the other with *Wilkinson's Mat. Medica*. In this case the professor going through Boericke's *Mat. Medica* could help me. He pointed to the following found under the remedy *Selenium*.

“*Extreme sadness. Abject despair, uncompromising melancholy.*”

Selenium 10M, one dose cured the patient and he paid me ten thousand rupees.

On a later occasion the above said professors asked me what I did by their help and I showed them how I practise homoeopathy. Soon both of them started learning and practising homoeopathy.

Homoeopathic system of medicine is *exact and accurate*. *Precision* and *versatility* is its culture.

Myth and reality of ‘mind symptoms.’

In some cases Calvin B. Knerr’s REPERTORY is excellent to work out cases with mind symptoms.

The other day I was sitting by the side of a senior homoeopath in his clinic. A patient entered and asked, “Do you have medicine for diabetes?”

Doctor: Yes, tell me your symptoms.

Patient: (Stretching his hand towards the doctor).
हाथ देखो, दवाई दो । [“see my pulse; give medicine.”]

[The tone of the patient was in a commanding note similar to a king, who, when anything is required would order, “Bring the head of the thief in two hours.”]

The doctor turned towards me and said, “See doctor, these patients don’t tell symptoms. How can I prescribe?” That doctor always thinks “Sensation, Locality Modalities, concomitants. What a wrong teaching?” I took Calvin B. Knerr’s REPERTORY to him and showed the following:

MIND, Answers, imperiously: *Lycopodium*.



Dr. Calvin B. Knerr, M.D.

Further I showed him the following from Wilkinson's Mat. Medica under the remedy Lycopodium:

“Talks with an air of command . . .
manner stiff and pretentious.”

Lycopodium 10M, one single dose, cured diabetes.

Let us reiterate the following:

Homoeopathy is a system where the patient himself (by way of some words or actions or as a reaction to his disease or treatment or attitude towards the doctor) indicates the remedy to us.

Homoeopathy is practical and practical only and there is no place for any theory, imagination, etc.

CONCLUSION

Among medical systems homoeopathy is the best shortcut to cure patients in one single dose of one remedy or a few doses of one or few remedies. For example, we have cured lakhs of *chikungunya* patients completely and permanently with *one single dose* of the homoeo medicine called *Polyporus Pinicola-200*; so also, many tested and confirmed *swine flu* patients were cured with one single dose of *Merc-sol. 200*.

One of the best short-cuts to homoeopathic practice (to select the remedy—similimum) is Dr. Samuel Lilienthal's *Homoeopathic Therapeutics*. (Drop the symptom in Lilienthal and you get the remedy!)

The short-cut for Lilienthal is the chapter *Melancholia* (p. 693 to 702) and also the chapters *Insanity, Emotion* etc.

CHAPTER - V

MORE CASES TO EXPLAIN “UNCOMMON-RARE-STRANGE-PECULIAR” SYMPTOMS

CASE 15: A patient came in with pain in the femoral part of urethra and backache. It was worse while riding the two-wheeler. He showed his medical file (given by allopathic hospital) and therefrom we noted the following points:

hydroureteronephrosis—Left kidney;
pain in femoral part of urethra;
pain in sacral region.

His complaint (pathology) is in ureter but he has pain in femoral part of urethra and sacrum. This is something rare-strange-peculiar. Both these painful places are at the same distance from the seat of affection—ureter.

Under the remedy Belladonna (Wilkinson’s *Materia Medica*) we find the following: “Inflammation of internal organs... The inflammation... runs in radii as it extends to adjacent parts.”

(Femoral part of urethra and sacrum are more or less at equal distance from his left ureter). Belladonna-10M, single dose, cured him.

CASE 16: Two years after the above case, a lady came to me for cervical spondylitis. These patients get pain normally in the neck extending to head or one upper limb. Strangely this patient complained of unbearable pain in both shoulder tips. (Both shoulder tips are at the same distance away from the cervical vertebra.) Belladonna-10M, single dose cured her.

CASE 17: Let us now examine what is meant by uncommon symptoms: Some of the most useful uncommon physical

symptoms *cannot be classified* under any head in the repertory or homoeo software and so it is better to memorise them.

For example, under the remedy *Ignatia* we find the words *great contradictions*. (Boericke Mat. Med.) A haemorrhoid patient said at the end of the consultation. [Remember, in most cases, after the narration is over and after a pause, the patient leans forward towards you and with wide open eyes (exclaims)] “Doctor... one thing. Everyone says that pain, bleeding etc. in piles would increase while straining when constipated; but my case is different. I do not get pain or bleeding whenever I strain during constipation. But during loose bowel movement I get both burning and bleeding.”

The contradictory symptom is both ways. Hence Dr. William Boericke writes in plural: “Great contradictions.” *Ignatia-1M*, single dose cured this patient.

CASE 18: A school boy of twelve was brought by the parents. The mother started talking: “Doctor, he has to leave the house for school at 9.30 in the morning. He gets up at 6.00 a.m. By 7.30 a.m. he becomes so restless—jumps, cries etc. This would last for half-an-hour. Then this disappears; it is followed by 3-4 times loose bowel movement. After that he becomes completely all right and goes to school.”

In this case the following should come to our mind:

“Symptoms disposed to appear periodically and in groups...”

The above lines are found in the remedy *Cuprum met.* (Boericke’s *Materia Medica*.) This remedy cured the patient in one single dose in the 200th potency.

Among pharmacologically oriented system of therapeutics homoeopathy is thorough, exhaustive and accurate.

CHAPTER - VI

SWINE FLU

Single-dose for prevention as well as cure

During the years 2006-2008, almost all homoeopathic practitioners had been giving different remedies for *chikungunya* disease for weeks with little relief. The undersigned is the first to declare that the homoeopathic remedy *Polyporus Pinicola-200* is almost a specific for chikungunya and with this remedy, our students had cured lakhs and lakhs of chikungunya victims (with just one single pill of this remedy). (Rate of success: more than 99%).

Homoeopaths are now asking medicine for the present pandemic swine flu.

Those who had died in hospitals with swine flu had lung failure; disease of lung that speedily kills any patient is 'pneumonia'. In *Samuel Lilienthal's HOMOEOPATHIC THERAPEUTICS* (in the chapter PNEUMONIA, under two remedies, viz., *Merc-sol.* and *Ferrum met.*) we find the following words: "epidemic pneumonia." The two remedies were studied in the materia medicas and *Merc-sol.* agreed with most of the symptoms than *Ferrum met.*

Patients who had come to me after being tested positive for swine flu were given ONLY ONE SINGLE PILL of the homoeo medicine *Merc-sol-200*, and in just an hour all their symptoms disappeared and after a week when they tested, the result was negative. (Rate of success: 99%).

For prevention, the same remedy *Merc-sol. 200* may be given one dose (one pill, chewable, taken any time) once a month for three months. This prevents swine flu for six months from the date of taking the first dose.

In homoeopathy, cure is easier and quicker than prevention.

It may not be out of place here to mention one more type of ‘diseases of blood’ that can be cured with one single dose of another homoeopathic remedy.

Hepatitis B-virus, Infective hepatitis (Jaundice), Jaundice after blood transfusion, Septicaemia, Haemophilia (Bleeders), uncomplicated cases of Leukaemia (Blood Cancer).

The above diseases can be cured completely and permanently with one single pill of the homoeopathic remedy *viz.*, *Crotalus-horridus-10,000*, provided the patient has no other serious disease or complications.

Many readers may ask as to how one and the same remedy can cure many diseases. Dear reader, the terminology and classifications used in homoeopathy are something different from all other medical systems.

The key-note for use of the above said remedy is as under:

Diseases of blood that threaten the life of the patient can be cured completely and permanently with one single pill of the homoeopathic remedy *Crotalus horridus-10,000*, provided the patient has no other serious disease or complications. No need to repeat at all !

CHAPTER - VII

CONGESTION, RUSH OF BLOOD, HYPERAEMIA

Many terms are unique to homoeopathic practice. We now give examples in this and the following chapters.

Most homoeopaths remain as symptom-coverers. Bernard Shaw wrote that if a homoeopath looks at a Chinese he would prescribe him for jaundice (because the colour of the skin of Chinese people is yellow.)

No one need get offended by this statement. We are only trying to carefully lift all mysterious clouds enveloping homoeopathy.

Be that as it may. Let us now learn some terminologies most useful in selecting the remedy.

‘Congestion.’ When two or more symptoms are in one and the same part of the body, instead of considering each symptom separately you should take this rubric ‘congestion’. For example, a patient came in complaining headache, dandruff and hair fall; he had been having this for several years. The neophyte would take ‘dandruff’ ‘hair fall’ and ‘headache’ for finding the remedy. But when these three symptoms found together in one place *viz.*, head, we should not take the three symptoms separately but as one whole unit and the term is ‘congestion’. For this do not take the list of remedies under CONGESTION in the Chapter ‘Head’ in Kent’s Repertory but you must go to the Chapter GENERALITIES and there also you find a rubric CONGESTION. You must take this for chronic diseases.

A patient was having varicose veins in legs, pain in knee, corns on sole, cramps in feet. All these complaints are on the lower limb. Here too we must use the rubric 'congestion.'

‘Congestion’ — other examples

When pain or some other symptom is felt in a part while exerting another part, e. g., headache while coughing, involuntary urination or urging to urinate when excited etc.

‘Worry causes headache’. ‘Mental tension causes or aggravates skin complaints’. (For this we have the term neurotic eczema. See the remedy *Anacardium orientale* in Boericke's Materia Medica. In that remedy under the para Skin we find the following: Intense itching, eczema, with mental irritability... neurotic eczema.)

In the materia medicas some authors use the term ‘rush of blood’ or ‘hyperaemia’ in place of ‘congestion’. [Hyperaemia - an excess of blood in an organ or any part of the body.]

Rush of blood of plethoric individuals requires: 1, acon., aur., bell., calc., lyc., phos., sep., sulph. 2. Arn., Bry., Chin., Ferr., Nat-mur., Nux-vom., Rhus-tox, Thuj.

Rush of blood complained of by plethoric, debilitated, hypochondriac, or nervous individuals. The principal remedies are: 1, Acon., Aur., Calc., Hep., Kalm., Kreos., Lyc., Phos., Sep., Sulph.; 2, Amb., Amm., Arn., Bell., Bry., Carb. v., Caust., Croc., Chin., Fer., Iod., Natr. m., Nux v., Op., Petr., Phos. ac., Rhus, Samb., Sarsap., Senn., Sil., Stann., Thuj.

Rush of blood of nervous, very irritable individuals: 1. Acon, Arn., Bell., Chin., Nux v.; 2. Amb., Aur., Calc., Fer., Lyc., Petr., Samb.

(Memory weak, inability to think) - if by congestion of blood to the head: chin., melilot., merc., rhus, sulph.

Remedies having the symptom 'congestion' 'rush of blood' or 'hyperaemia':

Agaricus (Hepatic derangements) - congested, enlarged liver

Absinthium (Delirium) - sleeplessness in typhoid with congestion at the base of brain.

Actea spic - active sanguineous congestions.

Adrenalin - therapeutically, adrenalin has been suggested in acute congestion of lungs, asthma, grave's and addison's diseases, arterio-sclerosis, chronic aortitis, angina pectoris, haemophilia chlorosis, hay fever, serum rashes, acute urticaria, etc.†

†For full list see our book *Advanced Homoeo Practice* (876 pages).
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CHAPTER - VIII

PLETHORA, PLETHORIC INDIVIDUALS, PRECOCITY

To the new-comer desiring to learn homoeopathy: You must keep the name of disease (pathology) off your mind while trying to find the remedy for a patient. We do not merely prescribe on pathology alone. In allopathy no doctor would prescribe insulin for typhoid, nor antibiotics for diabetes. This is because they treat diseases.

In homoeopathy we treat ‘a patient with diabetes’ or ‘a patient with typhoid’ and so on and so forth. What is the difference?

In homoeopathy one and the same remedy may be indicated for typhoid in one patient and for diabetes in another patient. If this is so, we put question what is the basis for making a homoeopathic prescription which is different from allopathy or other systems of medicine.

Classification of patients for making the prescription in homoeopathy is not on the name of diseases or pathology; but it is on an altogether different classification. Such classifications are as they already exist in different patients.

Let us now go to (case No. 5 and 6 on page 9) where Petroleum was prescribed for a patient with hypertension, diabetes, diarrhoea etc. whereas the same remedy was prescribed for eczema in another patient. That was because both patients felt that death was near and so they must hurry to settle affairs.

What we have to learn is not ‘remedies for diabetes’, jaundice etc., but different classifications of patients (irrespective of the name of the diseases they are suffering

from) as is found from time immemorial and which doctors of all other systems had been simply ignoring.

We have already learnt some of the classifications:

‘Symptoms disposed to appear periodically and in groups.’ This straightaway points to the homoeo medicine *Cuprum met.* Whatever may be the name of disease that the patient may be suffering, if a patient reports this syndrome this remedy would cure the underlying pathology.

By all the above we do not mean to say that diagnosis or pathology is not at all useful. In life threatening emergencies the case is different. There such life threatening symptoms (septicaemia, haemorrhage etc.) becomes general symptom and on such general symptom (be it pathology or not) we can straightaway prescribe. For example, if jaundice develops during the course of serious diseases—terminal cancer etc. it is known as malignant jaundice. The foremost remedy that we should think for this condition is *Crotalus horridus*. Of course, after the patient recovers partly or fully we have to follow up the case with other remedies as per indication. The totality of a patient at any given time points to one remedy only and that remedy at that time is called *similimum* for that patient. ‘One remedy at any given time’ is the rule and not one remedy throughout the lifetime of a patient.

Before making use of repertories you must learn the different terms, most of which have no relevance to other systems of medicine.

‘Plethora’ means ‘excess or abundant energy in body.’ These persons are called plethoric individuals.

The dictionary defines ‘plethora’ as over-fullness or excess in any way; an excess of bodily fluid, particularly blood. Excessive fullness of blood.

Plethoric persons can do the job of ten persons single-handedly, both quantitatively as well as qualitatively. Other examples of plethoric persons are those who have done several Ph.D.s or who do Ph. D. at their sixtieth year of age; also those who have done several postgraduates studied in many subjects; also those who start studying, learning and mastering a subject or art even at their forty-five years of age. The term 'tiredness' is not in their vocabulary. Work for them is worship. The workaholics. Old age is not a deterrent for them.

Therefore, in the absence of more valuable symptoms in a case, if you find the patient is of the above type you may use the term plethora which is a general symptom.

Under some remedies in some materia medicas you would find the term 'abdominal plethora.' Let us explain this. (1) Mr. Y daily drinks country liquor; does not care for food. Any amount of liquor would be withstood by his abdomen (whereas if we take that country liquor even for one day, we would vomit or get abdominal pain). Here, Mr. Y is said to be having abdominal plethora.

If a practitioner does not learn these terms, Then he would be a signal failure in practice and it is because of these reasons for failures are more and so homoeopathy has gone into disrepute.

Plethoric individuals (plethora, plethoric - 1, Acon., Aur-met., Bell., Cal-c., Lyc., Phos., Sep., Sulph.; 2, Arn., Bry., Chin., Ferr., Nat-m., Nux v., Rhus, Thuj.

—Complaints of plethoric, debilitated, hypochondriac, or nervous individuals. The principal remedies are: Acon., Amb., Am-c., Arn., Aur-met., Bell., Bry., Cal-c., Carb-v., Caust., Chin., Croc., Fer., Hep., Iod., Kalm., Kreos., Lyc.,

Natr-m., Nux-v., Op., Petr., Phos., Phos-ac., Rhus., Samb., Sarsap., Senn., Sep., Sil., Stann., Sulph., Thuj.

—nervous, very irritable individuals: Acon., Amb., Arn., Aur-met., Bell., Cal-c., Chin., Ferr., Lyc., Nux v., Petr., Samb.

Remedies for 'plethora':

Arnica. - in cases of sanguine plethoric people with lively expression, nervous women, very red face, disposed to cerebral congestion. ---prolapsus uteri.

Artemisia - girl, aged 18, strong, well developed, plethoric; epilepsy.

Asarum - plethoric young woman suffered for years from headaches.†

†For full list see our book *Advanced Homoeo Practice* (876 pages).
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CHAPTER - IX

CROSS, CROSSNESS

[THE UNMANAGEABLE PATIENT WHO CROSSES,
ARGUES OR QUARRELS WITH THE DOCTOR]

A practitioner should not be upset or get offended if a patient talks in an unruly or insulting way. That itself is a symptom!

A patient is supposed to follow the instruction of his doctor: but if he challenges or argues with the doctor. He is crossing! Here two top-ranking remedies that should at once come to your mind are *Chamomilla* and *Nux-vomica*.

In respect of the so-called unmanageable patients you should not quarrel or argue with him, nor argue to say that his attitude is not justified.

The word *cross* should come to your mind while dealing with such harsh and unmanageable patients. Without keeping this word in mind mere repertorisation has led to failures. Actual cured cases alone can illustrate this to avoid failures in these cases. An allopath, in such cases, may simply write on the case sheet 'patient unmanageable and not co-operating.' But in homoeopathy "the high and only mission of the physician is to cure always..." (Section 1 of the *Organon*.)

CASE 19: A boy of twelve was having unbearable muscular pain in abdomen/hip extending to knee and it was intermittent. A few months prior to this complaint, after diving in a swimming pool this pain started in a few hours. Later it went off. Now for the last few months the pain had been occurring intermittently but almost daily.

The mother pointed out to me one thing. Seeing no improvement with various doctors of several systems of

medicine, whenever a new doctor was proposed, the boy would tell that he would give only thirty days time. If not cured within one month, he would discontinue the treatment of that doctor.

This patient is 'crossing' the doctor. No sane person would enter into argument or put conditions on the doctor. Before learning the remedy for this case let us see next case.

CASE 20: Lady, forty-five, around menopause. For a year she had been under my treatment for burnt hands. I had been giving her herbal remedies. Once I was asked to visit this patient. She was in bed and her daughter told me that her mother was having excess bleeding from uterus. When I entered the house, the patient asked the daughter (in this case the attendant of the patient) to get out of the room; after she left, the patient asked me in an irritable tone, "I have profuse and excess bleeding (menses.) Is it because of the heavy herbal remedies (that you have given me) that caused this bleeding?"

I recalled that she never talked before in such a harsh tone.

A note on on the treatment of acute diseases.

In respect of repertorising in acute disease you need not pay much attention as to whether a symptom is 'valuable' or not. You take only those symptoms which are changes from his otherwise formerly healthy state (Section — of Organon)

Kent's Repertory—MIND—IRRITABILITY: (several remedies are given here.)

I read the above twelve remedies listed under "HAEMORRHAGE FROM UTERUS" (Lilienthal.) In Chamomilla I found among other symptoms the word

‘irascibility.’ Again in the chapter "MENSTRUATION AND ITS AILMENTS" under the remedy Chamomilla I found the following:

“... great irritability and crossness all the time, though unnatural to her when well.”

Chamomilla-10M single dose arrested the excess bleeding and also she calmed down. When I saw her a month later, lot of improvement in the burnt areas in her body.

When a patient is irritable, cross and unmanageable, and there is not much of other valuable (uncommon, rare-strange-peculiar) symptoms the two remedies which should first come to our mind are Chamomilla and Nux-vom.

For case No.19 we read both *Chamomilla* and *Nux-v.* in Lilienthal under colic and backache. In the chapter ‘Colic’ under Chamomilla the words “Colic returns from time to time” agreed with the case under ‘Neuralgia’ under Chamomilla we find the word ‘crossness’ (One important note: Chamomilla patient shows crossness in words; Nux. patient, in action.)

Long ago, in the west, a patient went abroad to consult a popular homoeopath. That doctor was about to leave his clinic after a day's hectic practice. When this patient entered and started telling his symptom, the doctor asked his assistant to give the patient Nux-vomica. The patient, having come from abroad, took the doctor by his collar and said, "I have come such a long way not to get snap-shot prescribing. I learnt that you take down the symptoms of the patient, and then work out the case. Do it in my case also."

The doctor sat down, took his symptoms, worked out the case and Nux-vomica came out.

In the practice of the author, a patient, after he finished talking, I told him that I would give him herbal remedies for one month. At that point he got up and said in a snappish manner, "I read in your books that you cure patients completely with one dose. I want you to do that." To this I replied that it is possible in some cases, but his case requires herbal remedies too. He took away the case sheet from my table and went away saying "In that case I don't want your treatment."

Sometimes you get the symptom after you have prescribed! I phoned up the doctor (who referred that patient to me) to give him Nux-vom.

The attitude of the abovesaid two Nux-vom. patients is aptly described by William Boericke in his *Mat. Medica* in the preamble to the remedy *Nux vomica*:

"Zealous, fiery temperament."

‘Crossness’ (more often found in children and sometimes in adults) along with the symptoms and remedies are given below for ready reference:

Aesculus hip - feels miserably **cross**.

Ars-sul-rub. **crosser**, and also acts with more energy..

Benzoic acid - child **cross**, wants to be nursed in arms.

Chamomilla. - insulting, **cross** and uncivil in temper.

Chamomilla. - she is sleepless and **cross**.

China-off. - ill humor; cheerful persons become **cross** and irritable.

Cina - the Cina patient is hungry, **cross**, ugly and wants to be rocked.

Cina. - child exceedingly **cross**, cries and strikes at all around him.

Coffea-cruda - child frets and worries in an innocent manner; is not **cross**, but sleepless; it laughs one moment and cries the next.

Crotalus hor. - snappish temper; irritable, **cross**, infuriated by least annoyance. (cont'd)

Diseases in which 'crossness' were found:

(Addison's disease) - Natrum-mur. - prevailing depression of mind, with spells of irritableness and **crossness**

(Arthritis, gout) Bryonia - patient unbearably **cross**.

(Asthma of children) Ignatia - a **cross** word or correcting the child may bring on the attack.

(Atrophy of children) Abrotanum - child is **cross** and depressed, < from mental exertion.

(Atrophy of children) Calc-carb - child obstinate, self-willed, **cross** before stool and faint after

(Atrophy of children) Cina - child picks nose, is restless, **cross** and unamiable

(Atrophy of children) Lycopodium - child weak, with well-developed head, but puny, sickly body, is irritable, nervous and unmanageable when sick, after sleep **cross** and pushes every one away angrily.

(Atrophy of children) Sulphur - child **cross**, obstinate, cannot bear to be washed or bathed

- (Bedwetting in children) Chamomilla - child **cross**, has to be carried
- (Blepharophthalmia, blepharitis) Ant-crud. - especially in **cross** children
- (Blepharophthalmia, blepharitis) Sulphur - blepharitis after the suppression of an eruption or when the patient is covered by eczema, especially in strumous children, who are **cross** and irritable by day and feverish and restless at night.
- (Bronchitis) - Cina. - child, though weak, was **cross** and obstinate, and cried when his will was not humored.
- (Chorea) Cina - child outrageously **cross** and peevish, does not wish to play[†].
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[†]For full list see our book *Advanced Homoeo Practice* (876 pages).
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CHAPTER - X

MALIGNANT DISEASES

Homoeopathy *versus* allopathy: Regarding comparison of homoeopathy with allopathy, when we consulted *I-Ching*, the ancient book of wisdom of China, we got the following answer:

“What is easy for allopathy is difficult for homoeopathy; What is difficult for allopathy is easy for homoeopathy.”

The aspiring homoeopath must note that Homoeopathy is Advanced Allopathy.

Therefore, you must concentrate more in treating chronic diseases, those who are not cured by the best doctors of other medical systems and, more particularly, those patients with diseases for which allopathy has no cure and patient is condemned to death. If you do so, you not only get good success but also you would be making the best use of homoeopathy; also you get good name and soon gain popularity among patients.

In homoeopathy literature you may not find the terms ‘renal failure’ ‘terminal cancer’ etc. whenever you get a patient with unfavourable prognosis *i. e.*, ending up in death, this chapter would be of excellent help.

If you completely cure malignant diseases, particular terminal cancer etc. that is the best job you would be doing in medical practice.

Thus and therefore, in this Chapter we give you remedies for malignant diseases; at the end, you would also see a list of remedies for malignant cancer.

A teacher is he who makes difficult things easy. We teach all 'practical' aspects only so that you may cure more patients.

Malignant - A term applied to any disease of a virulent and fatal nature.

Virulent - extremely severe or harmful in its effects.

Malignant pustule - Anthrax

Malignant endocarditis.

Malignant exophthalmos - a condition seen in thyrotoxicosis where there is raised intraocular pressure causing pain and the threat of damage to the optic nerve.

Malignant growth or tumour - a tumour which has the properties of anaplasia, invasion and metastasization.

Malignant hypertension.

Ailings of teething children. - complementary in malignant diseases: ars.; phos.; sulph.

In malignant diseases after Kreosotum, Ars., Phos., Sul. follow as complementary remedies.

(Jaundice) - malignant jaundice: Acon., ars., ars-i., chin., chin-mur., chel, Crot-h., elaps., dig., lach., pic-ac, vip.

Powerful adjuvants in treatment of malignant disease – compare: anti-vaccinal remedies - Vaccinum: Variolin; Malandrinum; Thuja.

(Pancreatitis) - malignant or epidemic form: calc. ars., rhus-t.,

Suppuration, malignant: 1, asa., chin., hep., merc., phos., pyrogen., sil.; 2, ars., calc., carb. v., caust., kreos., nitr. ac., rhus, sulph., sulph. ac.

(Tumors) Semi-malignant Fibroid: Bry., Con., Led., Sil.; enchondroma: Sil.; epulis: Sil.; lupus: Ars., Ars. iod., Sil.; epithelioma: Acet. ac., Aur., Carb. an., Con., Hydrast., Kreos., Sil.; lymphoma: Ars., Phos.

—malignant scirrhus: acet. ac., arn., ars. iod., brom., carb. an., carbol. ac., con., gal., hydrast., lap. alb., merc. aur., mur. ac., nitr. ac., sil. encephaloma: ars., ars. iod., bell., calc., carbol. ac., croc., gal., hydrast., kali hydr., lach., nitr. ac., phos., sil., thuj;

—melanosis: phos., sang.;

—colloid: hydrast., carbol. ac., phos.;

—fungus haematodes: ars., phos., sil., staph., sep., carb. v., nitr. ac., thuj.;

—medullary fungus: carb. an., nitr. ac., phos., sil., thuj.

Remedies for malignant states:

Ailanthus – symptoms remarkably alike to malignant scarlatina.

Ammonium carb. – malignant scarlatina, with somnolence, swollen glands, dark red sore throat, faintly developed eruption.

Anthracinum – this nosode has proven a great remedy in epidemic spleen diseases of domestic animals, and in septic inflammation, carbuncles and malignant ulcers. In boils and boil-like eruptions, acne[†].

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CHAPTER - XI

CHECKED DISCHARGES, SUPPRESSION OF SECRETIONS

The above symptom would be of immense help, more particularly in chronic diseases as well as grave acute cases.

Suppression of haemorrhage or habitual depletions or any discharges make the disease travel from less important organs to more important organs. This is the direction of disease. Hence most valuable. If found in a case you cannot afford to ignore them. You may straightaway take it.

IMPORTANT NOTE: Here we must make a mention of 'menopause.'

If the complaint of a female patient starts around the age of 42-46 and she also continues to get her monthly periods you may think of the rubric **MENOPAUSE** in the chapter **GENITALIA—FEMALE** in Kent's Repertory. But upon inquiry if you find that her complaints started a few months after complete cessation of menses you should not take the rubric **MENOPAUSE** but consider the following on page 1006 of Lilienthal:

Suppression of haemorrhage or abandoning habitual depletions: 1, acon., bell., chin., fer., nux v., puls., sulph.; 2, arn., aur., bry., calc., carb. v., graph., hyosc., lyc., natr. m., nitr. ac., phos., ran., rhus, seneg., sep., sil., spong., stram.

If a patient tells that his complaints started some time after his bleeding fissure in anus or piles was cured, in such cases too you must take the above rubric.

CHAPTER - XII

CHLOROSIS, CHLOROTIC FEMALES

No patient would come and tell you that she has chlorosis. What the patient tells is merely cotton, and the practitioner has to make thread out of it, weave it into a cloth and then stitch a dress out of it.

The patient tells certain complaints and upon your asking how long she has it, she replies that it is for five years. You note down her age (at the beginning of case taking) and suppose her present age is twenty years. Her complaints having started five years ago means it was around 15 years of age. You have to ask her, at this stage, at what age she got her first periods (menarche) and if she replies it was anywhere between 14-15 years, you may ask whether her present five-year old complaints started around the period of getting her first periods and if she gives an affirmative reply you may make use of the rubric 'chlorosis'. You have to first work out the case with Kent's Repertory etc. and after having finally selected one or a few remedies, to confirm one from among them, you may refer to the following list.

Remedies having the symptom 'CHLOROSIS' 'CHLOROTIC':

Abrotanum (Dyspepsia, weakness of stomach) - chlorosis; disturbed digestion; weak, sinking feeling in bowels; food passes undigested; distended abdomen; great weakness and prostration; gnawing hunger, craves bread boiled in milk.

Absinth - especially younger patients ---chlorosis

Acetic acid - chlorosis; anemia; wasting away; great emaciation

WHITHER HOMOEOPATHY?

The three corner stones or backbone of homoeopathic practice are contained the three sections of the *Organon viz.*, section 84 to 90, 153 and 213.

Section 84 to 90 pertains to case taking and we would come to this later.

Section 153 states that we have to prescribe (or, select the remedy) on ‘uncommon-rare-strange-peculiar symptoms’. Section 213 says that without basing our prescription on ‘mind’ symptoms a cure is not possible.

When Section 153 is read with Section 213 we come to the logical conclusion that we have to prescribe on ‘uncommon mind symptoms.’

We read case reports where homoeopaths write that they had taken the rubrics ‘anger’, ‘grief’, ‘memory-weak’ etc. etc. Dear reader, these are common symptoms of mind.

“Uncommon mind symptoms” are illustrated in the following cases:

CASE 21: In the Union Carbide factory in Chennai (around the year 1975) fine carbon powder (for making torch light batteries were kept about five feet in height,) caught fire and started burning from below upwards. Fire squad was summoned and they cordoned off the area saying that if anyone would try to salvage the unburnt portion at the top, the fire may flare up destroying the entire factory and said it should be allowed to burn completely for a day or two.

One security officer with another employee by using a ladder tried to take out from the top portion and accidentally he fell into it. Another employee who tried to rescue him too fell into the burning carbon and both were severely burnt up

to middle of thigh and both of them were admitted in the nearby government hospital. Since it is only superficial burns and rest cure alone is needed, the house surgeon did not call in a specialist.

The security officer was heard saying repeatedly that no doctor had come and examined him. (As a layman he did not know that superficial burn means only rest cure.) Thinking that it was carelessness on the part of the hospital staff for not inviting a specialist immediately, he shifted himself to a private hospital and by that time it was midnight and there also the duty doctor merely admitted him and here also the patient was telling that no doctor has rushed to examine him.

How did I select the remedy for this case?

The procedure for selecting the similimum in acute disease is simple and sure. In Boericke's Repertory, in the last chapter GENERALITIES—INJURIES (traumatisms) under "Burns, scalds" I find twenty-one remedies. I note these names on a paper and start reading them one by one in Boericke's mat. medica (only the first para, and the paras 'Mind' and 'Skin'). While doing this, the following lines under the remedy *Hamamelis* caught my attention.

Wants "the respect due to me" shown

Any patient with a serious illness needs attention of the specialist in a hospital (of course, the above patient was ignorant that allopaths can do nothing for superficial burns) and he felt that no doctor started immediate treatment. *Hamamelis* 200 cured him completely.

CASE 22: During deepavali my three-year old daughter was holding one end of pencil-size sparkler showing the other end at the candle fire to light it. The sparkler is always filled with the powder from one end up to the middle. By mistake she

was holding this powder-filled end in her hand and showing the other end at the burning candle. So it did not catch fire. When a stick fails, children would break the stick into two and tap the broken end on the ground to bring the unburnt powder and then lit it. My daughter tapped it on her left palm. Being a child she did not know the risk. She took another sparkler, showed it in fire. One spark fell on her left palm full of powder and the whole hand was burnt with swelling double the size of her hand. She started screaming. I gave cantharis-30 but it did not show any effect. To calm her down we put her in a makeshift cradle (made of long cloth) and gently tilted it to make her sleep. Though it reduced the pain she ended up saying, “Appa, burning pain has not gone... Appa, burning...”.

My child said that as a doctor-father I did not relieve her suffering. [Earlier in some acute diseases she has experienced instantaneous cure with one single dose of the indicated homoeopathic remedy.] Hamamelis-30 one single dose stopped her lamentation and she slept. Next morning there was no trace of burns! From the above two cases I learnt the mind symptom of *Hamamelis* viz., “wants the respect due to me shown.”

CASE 23: A lady of forty-five with cancer of uterus was given radiation treatment and it caused profuse leucorrhoeal discharge and doctors declared that she may live for another six months only and this news spread in the village. She came to me with the reports. After narrating her complaints she concluded in a different but firm tone.

“Doctor, people in my village say that I am going to die soon and so they don’t care for me nor give any respect to me. I want to get cured and tell my villagers, ‘Look, I am now cured. What is your answer?’”

(In most cases mind symptom is revealed at the end, with the patient leaning her head towards the doctor and with an exclamatory tone.)

Hamamelis 10m cured her and she lived long thereafter.

We now hope that the reader understands what is meant by ‘uncommon mind symptoms.’

Drop the symptom in Lilienthal and you get the remedy!

In some cases it is of great and instant help. Lilienthal says, “Drop the symptom in Lilienthal and you get the remedy.” Let me illustrate this with two cured cases.

CASE 24: A boy of eleven was brought by his mother: She spoke: “Doctor, look at him. The boy is making constant movements of his fingers; becomes violent and restless for six months now. We went to allopathic hospital and they diagnosed his case as worm complaint and gave him santonine, but even double the adult dose of it had no effect. Then we went to a homeopathy specialist. She showed me the prescription: For one month Cina-30 daily morning and Graphites-30 daily night, (for eruption on forearm with sticky discharge). He has completed one month course of these two remedies but no result.”

I looked at the boy again and the case sheet. After a pause, the mother continued with wide open eyes and leaning towards me, “Doctor, ever since he developed worm complaint he often complains of headache and vertigo. Why is it so doctor?” [An observation that we had repeatedly made in the clinic is this: “In some cases when the patient tells ‘uncommon-rare-strange’ symptom, he leans forward towards you with wide open eyes.]

The words ‘vertigo and headache’ told by the mother (which is an ‘uncommon’ symptom in worm complaint) were found under one remedy only *viz.*, *Cicuta virosa* among the thirty-seven remedies given under the chapter WORM AFFECTIONS in Lilienthal. This remedy in 200th potency, single dose, cured worm symptoms as well as his skin complaint.

CASE 25: A professional singer lost her voice and she came to me. After telling what all homoeo treatment she took, she ended up saying, “Doctor, ever since loss of voice for the last two years, whenever I touch a metallic object, I feel shock.”

Lilienthal’s HOMOEOPATHIC THERAPEUTICS - Aponia (p. 39)—Sulphur.—“Chronic aponia... excite the animal electricity.”

Sulphur-200, one single dose cured both her aponia and shocks.

The above are extracts from our book *ADVANCED HOMOEO PRACTICE* (876 pages) by Dr. V. Krishnaamurthy. To get this book by post you may send money order for Rs.750=00. For *Wilkinson’s Mat. Medica* (pages 715) you may send another Rs.750=00. (including postage). Total: Rs.1500=00 for both the books.

(Answers to questions on page 3)

1. *Secale* is almost a specific when the growth of foetus is arrested. (See *Repertory* by Dr. Calvin B. Knerr: GENITALIA—FEMALE, Pregnancy, foetus: arrests development, *Secale*.) One single dose of *Secale* 10m is sufficient.
2. See Calvin B. Knerr's *Repertory*—Head—Cerebrospinal affections - meningitis - epidemic: *Zinc*.
3. See Calvin B. Knerr's *Repertory*—Stages of Life and Constitution—Constitution, syphilitic—mothers, to prevent disease in offspring: *Aurum-mur-nat*.
4. See *Kent's Repertory*—GENERALITIES—IRRITABILITY—When too much medicine has produced an over-sensitive state and remedies fail to act: Ph-ac., Teucr. [Homoeopaths are giving the medicines to the patient. The homoeo pharmacy people put about ten drops of the tincture to a 5 ml phial of pills. Whether the homoeopath buys the potencies in dilution or pills, when they open the phial to give a few pills to the patient, the doctor inadvertently smells the medicine each time he gives to a patient. This causes irritation making them, restless and/or haughty to the point of telling that he need not learn any more thing in homoeopathy. Also when the doctor himself is sick, no homoeo medicine seems to act on himself.]
5. *Life and Letters of Hahnemann* by Dr. Richard Haehl and another book by Bradford.

6. See *The Accoucheur's Emergency Manual* by Dr. W. A. Yingling—Repertory Section— Labor—weak, patient too weak to develop normal pains: Bell., Murac.,
7. *Crotalus horridus* is the prime remedy for haemophilia.
8. (a) See answers (a) & (b) to question No. 12.



Dr. W. A. Yingling, M.D.

- (b) Diseases, more particularly acute, that are long standing and not cured in spite of best treatment, and where patient is affected much, disturbing his daily routine. We may call them by the term '**Cachexia.**' Acute diseases such cough, cold, diarrhoea, skin rash etc. normally do not last long. When you find a patient with these complaints standing long for years and bothering him much, you may use the term '**Cachexia.**' This may otherwise be called as weakness of the system or of a part of body.
9. *Crotalus horridus.*
10. (a) *Hamamelis:* Passive haemorrhage. No anxiety or pain:
(b) *Phosphorus:* Active haemorrhage with anxiety.
11. (a) *Arnica* (b) *Cicuta* (c) *Millefolium* (d) *Phosphorus.*
12. For a patient with chronic tonsillitis, you would generally look into the Repertory against the following:

Tonsils, inflamed (quinsy, tonsillitis) (page 454 of *Kent's Repertory*)

But remedies in this list may be useful for acute complaints of tonsillitis. For curing tonsillitis permanently, it needs 'treatment of chronic diseases.' Chronic tonsillitis is due to tuberculosis (See *MEDICAL DISEASES OF INFANCY AND CHILDHOOD* by Dawson Williams, London: Cassel & Co. p. 338-348)

When tuberculosis affects the lung it is called pulmonary tuberculosis or *phthisis*; with a family history of tuberculosis, when t. b. affects bones or glands it is called 'scrofula' or 'struma'.

All chronic affections of glands are due to tuberculosis in the family. Chronic affections of bones may be due to either tuberculosis or syphilis; (in syphilitic affections of bones we find 'nightly boring' pain.)

Therefore, to cure a chronic tonsillitis patient, we must consider the following:

Scrofulosis — glandular affections. Bar., Bell., Calc., Carb. an., Cist., Clem., Con., Dulc., Graph., Hep., Kali, Lapis, Lyc., Merc., Nitr. ac., Phos., Rhus, Sil., Staph., Sulph. [*See* p. 943 of Lilienthal]

13. *The Accoucheur's Emergency Manual* by Dr. W. A. Yingling.
14. *See Dr. Calvin B. Knerr's Repertory* - MIND - Suicide, attempted: Plb.
15. Pain at the point of amputation is called 'ghost pain'. *Allium cepa* is the remedy for this.

16. *See* Calvin B. Knerr's REPERTORY—GENERALITIES—Fracture of tibia: Anthracin.
17. “. . . a patient had been travelling about from oculist to oculist, who had many visual troubles and no glasses would suit. . . LAC FEL. cured her.” (See Kent's LECTURES ON HOMOEOPATHIC MATERIA MEDICA—*Spigelia*.)
18. (a) Fluoric acid (Nails, diseases of)-felon, particularly bone felons, with offensive discharge; > from cold applications; phalanges swollen far above their natural size, on dorsum of finger an opening discharges ichorous pus; panaritium, also simple onychia, with ulceration; sharp sticking pain at root of right thumb-nail. nails grow more rapidly, crumpled or **longitudinal** ridges in them; soreness between toes; soreness of all the corns. it promotes expulsion of necrotic bones.
- (b) Oxalic acid (Myelitis acuta, inflammation of the spinal cord)-myelitis paralytica; pains occupy small **longitudinal** places, < on thinking of them; limbs stiff; dyspnoea and spasmodic constriction of chest, paroxysms of short, hurried breathing, with intervals of ease; acute pain in back gradually extending down to thighs, with great torture, seeks relief in change of position; back too weak to support the body; spinal softening, weakness about loins and hips extending down legs, with numbness and loss of power.
- (c) Oxalic acid (Paralysis)-sclerosis of posterior column; pains shooting down from the cord to the extremities, especially lower ones, stiffness of limbs, dyspnoea, followed by a peculiar general numbness, approaching to palsy; back feels too weak to support the body;

jerking pains, confined to small spots, lasting only a few seconds; pains in small **longitudinal** spots; paroxysms of dyspnoea.

- (d) Syphilinum- tongue coated teeth-indented; deep longitudinal cracks. (Boericke's Mat. Med.)
- (e) Tabacum (Diaphragm, diseases of)-excessive painfulness of muscular part of crura from renal calculi, especially when incarcerated in the ureter. (bell. contracts circular fibres, tab. the **longitudinal** ones.) r., deep-red stripe **longitudinally** through centre, dry or moist, with white or yellow coating or no coating at all on either side; tongue feels as if it had been scalded. (bapt. tongue red and glistening.)
- (f) Zincum met-- tongue thinly coated yellow, with sunken raphe, or **longitudinal** fissure.

We do not have any symptoms that appears latitudinally.

[Items (a) to (c) and (e) are from Lilienthal]. Have you not still bought a copy of Lilienthal?

Let him not practise homoeopathy who has not read several times the *Preface* and *Introduction* in the book *The Accoucheur's Emergency Manual* by Yingling.

The present day seminars, workshops, articles in homoeo journals and books published after the year 1946 are but mockery of homoeopathy.

Homoeopathy is based on eternal laws. There are no theories or principles of practice. It is ridiculous to talk of ‘principles’ and ‘theories’ of homoeopathy.

One more question to those who want to be honest in their practice.

Question: Where will you look for remedies for complaints of the new born (a) within twenty-four hours after birth; and (b) within a month?

Answer: (a) *See* the last chapter *THE BABY* in Yingling.

(b) *See* (i) the Chapter GENITALIA—FEMALE—INFANTS in Dr. Calvin B. Knerr’s Repertory and (ii) “Children Diseases of—Morbi Neonatorum et Infantum.” in *HOMOEOPATHIC THERAPEUTICS* by Dr. Samuel Lilienthal. (p. 148 to 184)

Use of these books is worth attending one thousand so-called seminars on homoeopathy. Awake, arise, the hour is late! The hour is late!!

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The above reference book is absolutely essential if at all a homoeopathic practitioner would make better use of Section 153 of the *Organon* which tells that we must prescribe on 'uncommon' symptoms. For this, one must know what are 'common' symptoms of a disease.

Also, in some cases, aetiology (cause of disease), age incidence etc, may also help us to select appropriate rubrics for a given case.

Again DIAGNOSIS AND DIFFERENTIAL DIAGNOSIS would, in many cases, would help us a lot and the above encyclopaedia has helped even lay people to know the correct diagnosis where even specialists could not make out anything.

For example, a girl of eight years was having uncontrollable stool and urine. In the above said ENCYCLOPAEDIA in the *Index volume* we see the following:

urine, incontinence of
faeces, incontinence of

Against the above two headings, the number of a few volumes (along with the page number in which the symptom appears) were given. We found one volume number common to the above headings and in that page there we found incontinence of urine and faeces is symptoms of arteriosclerotic parkinsonism. We went to Lilienthal and on page 73 read the remedies and thus could find the correct remedy for the patient.

AETIOLOGY or CAUSE OF DISEASE; When we read AETIOLOGY in the above said encyclopaedia in the chapter Parkinson's disease (paralysis agitans), we read that it occurs in sixth or seventh decade and trauma is a possible cause. In the absence of more valuable symptoms we must take the following rubrics for any case of parkinson's disease.

KENT'S REPERTORY—

GENERALITIES—OLD people: Acon., agar., aloe., alumn., Ambr., am-c., ammc., anac., ant-c., ant-t., ars., Aur., Bar-c., bry., calc-p., camph., carb-an., carb-v., caust., cic., Coca., colch., con., fl-ac., iod., Kali-c., Lyc., nat-m., nit-ac., Op., sabad., Sec., Sel., seneg., sulph., sul-ac., Teucr;

GENERALITIES—WOUNDS, constitutional effects of: Arn., carb-v., con., hep., ind., lach., Led., nat-m., nit-ac., phos., puls., rhus-t., staph., sul-ac., zinc.

Three remedies *viz.*, Carbo-veg, Conium, nat-mur, nitric acid and sulphuric acid are common to the above two lists.

For knowing the common symptoms of any disease or for that matter diagnosis and differential diagnosis the above said 12-volume encyclopaedia is a must for every homoeopath who wants to do sincere practice. Otherwise one would end up as a symptom-coverer as Bernard Shaw writes, "When a homoeopath looks at any Chinese he would prescribe him for jaundice."

Whatever system of medicine one may practice, if he is not good at diagnosis and differential diagnosis he would be a signal failure. With the 12-volume ENCYCLOPAEDIA one can improve his respect among his patients and also get good success in practice. The reader may ignore the treatment section in the above encyclopaedia as it pertains to allopathy.

NOTES

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- Poisons are neutralised.
- This treatment not only acts as mere first aid, but in most cases, completely cures so that no other treatment is required (excepting, of course, fractures.)
- Reduce your increased eye power in thirty days.
- Retard old age and reduce old age diseases / infirmities