

Vaccination & Homœoprophylaxis?

A Review of Risks and Alternatives

7th Edition

Dr Isaac Golden, PhD

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Vaccination & Homœoprophyllaxis? A Review of Risks and Alternatives - 7th Ed.

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Preface to the 7th Edition

So much has changed since I last revised the 6th edition in 2007 that a 7th edition has become inevitable. The HPV vaccine (marketed as Gardasil in Australia) has been vigorously promoted, the world has been through the first phase of the Swine Flu Pandemic, and most importantly to me, the world has also seen the largest documented use of homeopathic immunisation take place, in Cuba in 2007, 2008, 2009, and 2010.

There has also been a coordinated attack on homeopathy, especially in the United Kingdom, following a meta analysis published in the *Lancet* in 2005 which led the Editors to announce the death of homeopathy. This work has subsequently been discredited, the credibility of the *Lancet* as a truly objective scientific journal of reference has been diminished, and the evidence base of homeopathy has been strengthened. However the international pharmaceutical lobby remains powerful due to the extraordinary amounts of money which it spends annually to buy influence. Homeopathy is constantly under attack from “skeptics”, although one of the most prominent has recently been shown to have falsified his homeopathic “credentials”.

In my own country, economic realities are causing the forward thinkers in the Federal Government to consider ways to reduce the economically crippling health budget, thus promoting the consideration of safe and inexpensive natural options to expensive drugs and even more expensive medical delivery systems.

So the world has changed, and further change is inevitable.

I will leave the Preface to the 6th edition in place as it describes major aspects of the book.

The first major change in this 7th edition relates to layout. I have been asked to make the material simpler. On the other hand, this is a complex topic and people need facts. So I have tried to do both – retain and expand on all the previous detail, but at the same time restructure the book so that readers can begin with a basic summary and then delve deeper if they wish to learn more about a particular point.

This will give readers the option of reading all the material if they wish, or reading the summary and then going straight to the Sections where they want more information, and setting aside the other parts until they are ready. To reduce the bulk of the early reading I have moved descriptions of the characteristics of individual diseases, and individual vaccines into Section 9 which is a new Appendix to Questions 1 and 3.

There have also been changes and extensive reference updates throughout the book, and **the following new Sections have been added** to the 7th edition:

Overview of the argument and some issues (a simple summary preceding Section 1)

9.1.21	Dengue Fever	9.2.24	Dengue vaccination
9.1.22	Human Papiloma Virus;	9.2.25	HPV vaccination
9.1.23	Leptospirosis;	9.2.26	Leptospirosis vaccination
9.1.24	Rotavirus;	9.2.27	Rotavirus vaccination
9.1.25	Swine Flu;	9.2.28	Swine Flu vaccination

Section 4.2.3: The Cuban experience, which is one of the most important additions to the 7th edition.

Section 3.5.6: Research into vaccine damaged children: This replaces Section 8.4, and has been considerably expanded to include new research which I published in 2008.

Section 5.4: The economics of immunisation options.

But as I sit here contemplating why this book is needed, and why some people will choose to read it and use the information it offers, I keep coming back to the sad but undeniable fact that health authorities and many within the orthodox medical system are, either knowingly or unwittingly, not providing parents of young children with truthful information. People are realising this in the hundreds of thousands and are seeking for truth elsewhere. Pharmaceutical spin has been exposed for what it is. Blind belief is no longer acceptable. “Trust me I’m a doctor” no longer works like it did 50 years ago. We have choices – and this book provides you with the chance to make a choice which will impact on the health of your entire family for the rest of their lives

– may it shine light into a dark place, and bring you peace of mind.

Preface to the 6th Edition

I began writing the first edition of this book in the late 1980's. My hope was that this 6th edition would be the last. However, experience tells me that such hopes often are not realised because there is always something new to add, and we can always do better.

I have changed the book substantially from the previous editions, both in style and content. The aim has been to make it a more valuable and readable reference for parents in particular, but also for practitioners in the different modalities of natural medicine. I also hope a few open-minded orthodox medical practitioners will find it a useful reference, and that it will become a valuable resource for homoeopathic students and practitioners who are learning about homœoprophylaxis.

To achieve this aim I have decided to ask, and answer, six basic questions. They are:

QUESTION 1: Should we attempt to prevent infectious diseases?

QUESTION 2: What is the best overall approach to infectious disease prevention?

QUESTION 3: What are the risks and benefits of the vaccination option?

QUESTION 4: What are the risks and benefits of the homœoprophylaxis option?

QUESTION 5: What are the comparative risks and benefits of the disease-prevention options?

QUESTION 6: Which option is best for my child?

These questions represent the essence of the issues parents must confront when making what is probably their most difficult decision concerning the health of their young child – should they vaccinate or not? The decision is made more difficult because of the unreasonable and uninformed statements made by some advocates on both sides of the debate. It is an area where the scientists often become unscientific, where Government policy is driven by pressure groups with significant vested interests, and where some opponents of vaccination take unsustainable positions in an effort to be heard.

A diagram outlining the decision making process that many parents will have to face is shown following the Preface.

I hope that each question (and therefore each Chapter or Section in the book) will stand alone, so that readers may quickly turn to the relevant Section in the book to find the information they require. I have included most of the material contained in the previous editions of this book, as well as new material generated during my Doctoral research at the Graduate School of Integrative Medicine at Swinburne University. A significant amount of new material from orthodox medical journals and books has also been added.

My 20 year journey with homœoprophylaxis (HP) - the homoeopathic option to vaccination – has been quite a ride! In summary, I can say that the journey has convinced me that HP has a tremendous amount to offer to parents. It is what I eventually used for my own children once I became aware of the method. It is what I now recommend my grandchildren to use. I have felt the considerable opposition to HP from supporters of pharmaceutical medicine, and (for different reasons) from some members of my own profession.

I believe that truth will always win in the end, and that as the years pass and the data collected grows and improves in quality, the real value of HP will become increasingly clear.

My personal view is that it does no harm for healthy children to contract mild infectious diseases, but that there are some potentially devastating diseases that should be prevented if at all possible. I believe that mass vaccination has at times conferred benefits by reducing the likelihood of a child contracting severe diseases, and at times has caused both short-term and long-term damage due to the very nature of the procedure, as well as due to the toxic materials in the vaccines. The appropriate use of the homoeopathic option can, I believe, bring similar benefits without the risk of either short-term or long-term damage.

I believe that the next step forward should be the introduction of a dual national system of immunisation where vaccination and homœoprophylaxis are equally available, and supported by Government health authorities.

I believe that this will:

- (i) Improve the national immunisation coverage against potentially serious infectious diseases by ensuring more children are protected
- (ii) Lessen the incidence of chronic illness in the community
- (iii) Save federal and state governments hundreds of millions of dollars annually,
- (iv) Allow an objective scientific comparison of the two methods to be undertaken

Initially, most of the people who would use the homoeopathic option would be those who would not have vaccinated their children anyway, so the orthodox authorities could not claim that children were being endangered by changing immunisation methods. Further, making choice available to all would take a lot of the heat out of the anti-vaccination debate and put Australia at the cutting edge of modern national immunisation policy.

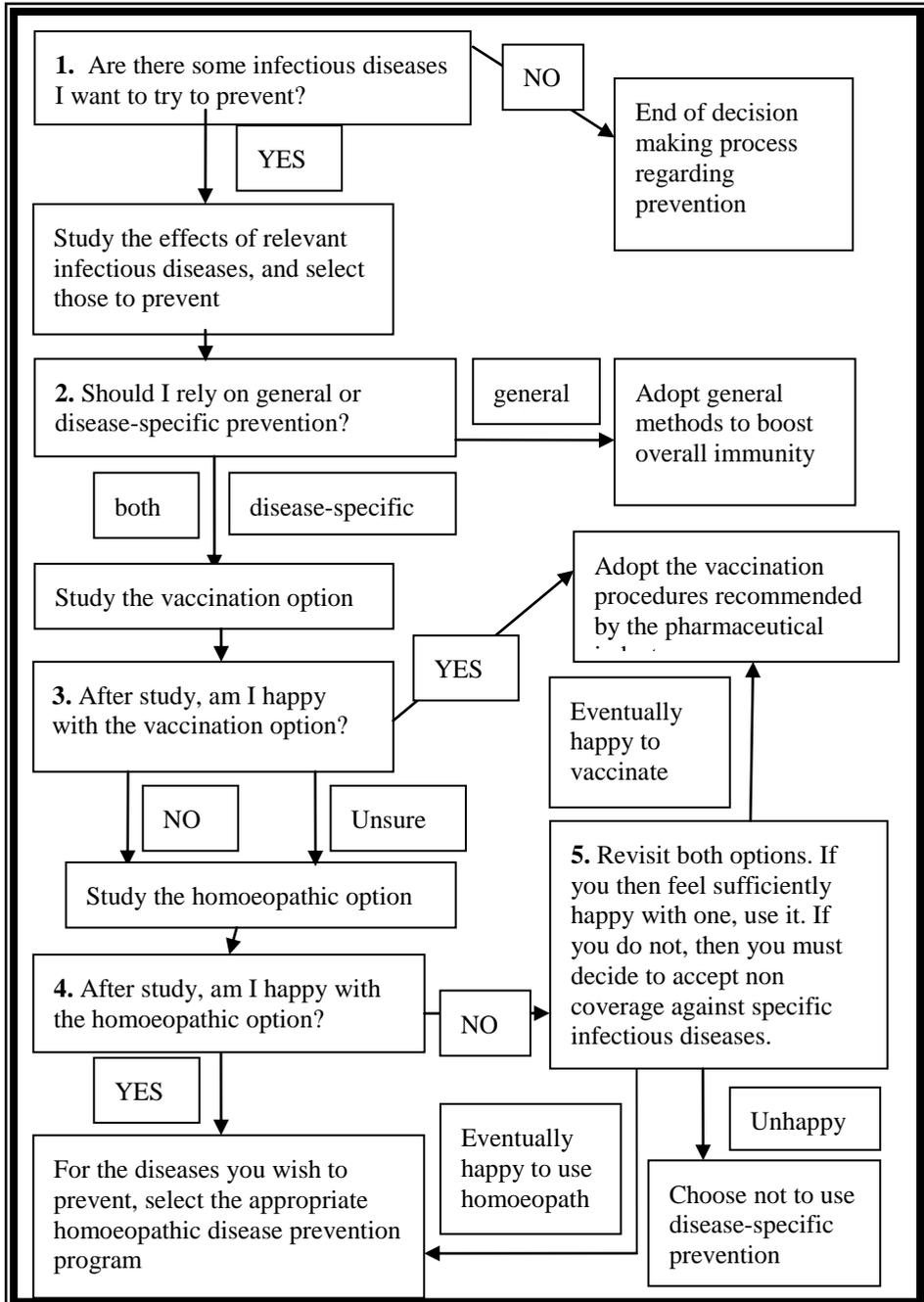
I can imagine many readers shaking their heads at this point, and saying that this will never happen. Maybe it won't, but it is worth serious consideration. All that is needed is a few independently minded politicians to realise the potential benefits of a dual national immunisation system, and who knows what may transpire?

I can also imagine some readers, including some of my friends in the anti-vaccination lobby, shaking their heads and thinking that my advocacy of a dual system that includes vaccination is a sell-out! To be honest, I don't believe that vaccination will be banned in our lifetime due to the huge financial structures that support it. I do believe that it is more realistic to offer it alongside a proven, risk-free alternative. Change will then happen, slowly but surely, and in a cooperative way.

We should all be on the same side here – doctors, governments, homoeopaths, mums and dads, etc. We should all be calling for the best health system possible, including a safe method of protecting the health of our children. We need to put entrenched positions, and vested interests aside, and have an honest and fully informed debate – and let truth decide the outcome, for the benefit of all.

AN EXAMPLE OF THE DECISION MAKING PROCESS

(Note: the numbers shown relate to Section numbers in the book)



Style Notes

The following comments may help to make the book more readable:

1. Vaccination and Immunisation

In the book I use the word “vaccination” to mean the administration of legally defined vaccines, either orally or by injection. I use the word “immunisation” to mean any method designed to stimulate immunity against targeted infectious diseases.

So vaccination is one form of immunisation, as is homœoprophylaxis, good diet, and so on.

2. References

In the book I use the Harvard system of referencing, where the author’s name and year of publication are shown immediately following the material quoted. The full details of the work are shown in the Bibliography at the end of the book, sorted alphabetically by the surname of the lead author.

3. Chapters or Sections

I have referred to the parts of the book as Sections rather than Chapters.

4. Need for an Index at the End

Because the Table of Contents is so complete, and because I have shown the Sections in the book where different references (shown in the Bibliography at the end) appear, I have decided not to add to the volume of the book by compiling a significant Index at the end. I suggest that you search for different sections by using the Table of Contents.

* * * * *

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Naturopath Anita DiStasio directed the rewriting of Section 2 of the book, concerning herbal and nutritional supports to the immune system. Her efforts have improved both the readability and the current relevance of this material.

I would like to acknowledge the people who helped me during the very early stages of this work:

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- Ms Alida Veugen, who intercepted the third edition and made it far more readable and presentable than the first two.

I also greatly appreciate the support of the editors of Australia's leading natural health journals, who have not been afraid to publish controversial material on this subject. These high quality publications - *Nature & Health*, *Australian Wellbeing*, *Simply Living*, *Grass Roots*, and

Australasian Health and Healing - all contain worthwhile and interesting material.

I appreciate the practical support of Mr John Feenie, CEO of Endeavour College of Natural Health, for his generosity in supporting my recent visit to Cuba through the College, and for his growing enthusiasm and support for homoeoprophylaxis as an international solution to an issue which has profound health consequences for the planet.

The friendship and cooperation with Dr Concepcion Campa Huergo and especially Dr Gustavo Bracho of the Finlay Institute in Havana Cuba has been a life changing experience for me, as well as changing the face of HP research in the world – they are treasured relationships.

Another new relationship of friendship and support with Dr Simon Floreani and Dr Jennifer Barham-Floreani has been a pleasure both personally, and for the fact that I now see the next generation of people to bring facts and fairness to our health system.

Lastly, I would like to dedicate this book to my children. In many ways it is for them, but they are the ones who have paid the price of my many absences over the years due to work, study, and research. In the end, I can only hope that they will feel that what this work contributes is worth what they have lost.

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Definitions

Note: References in brackets show the Section in the book where the term was first used.

Antigen – a substance that the body recognises as being not of itself, thus provoking an immune response. (Section 1)

Antibody – an immunoglobulin (one of 5 classes of protein) produced to protect against an antigen. (Section 1)

The **Effectiveness** of a homoeopathic preventative program is the proportion of those using the program who did not acquire the targeted disease, to the total number of persons using the program. Where possible, the figure for effectiveness is refined by identifying those users of the program who were exposed to the targeted disease, and using that total in the proportion. (Section 2.5.1)

Endemic – present in a community at all times, but occurring in only small numbers of cases. (Section 1)

Epidemic – occurring in a great number of cases in a community at the same time. (Section 1)

The **Genus Epidemicus** is the homoeopathic remedy chosen during an outbreak of an infectious disease that best matches the common symptom picture of the disease. The remedy is selected after analysing the symptoms of a number of patients with the disease. (Section 4)

Homœoprophyllaxis (HP) is the use of homoeopathically prepared potentised substances in a systematic manner to prevent the development of the characteristic symptoms of infectious diseases. (Introduction)

An **Isode** is a remedy prepared from the patient's OWN diseased material, e.g., a remedy prepared from a whooping-cough patient's own sputum. (Section 4)

Immunisation is taken to mean any method that reduces the likelihood of the recipient acquiring a targeted infectious disease if exposed to the disease. (Introduction)

The **Law of Similars** states that a substance that is capable of causing a group of symptoms in a healthy person is capable of removing a group of **similar** symptoms in a sick person. (Section 4)

A **Nosode** is a homoeopathic preparation (potency) of diseased tissue, e.g., a remedy prepared from the sputum of a number of patients with whooping cough. (Section 4)

Pandemic – a widespread epidemic, often international. (Section 1)

Potentisation is the method used in homoeopathy to prepare remedies. The original material is subjected to a series of dilutions and succussions (violent shaking of the diluting medium against a firm surface), or triturations (grinding of insoluble substances). (Section 4)

Provings are controlled experiments where doses of the substance being tested (usually in potentised form) are given to healthy volunteers, who record new symptoms produced by taking the substance. The Master Prover (the person supervising the proving) then extracts those symptoms that are common to a number of provers, and this information is entered into the *Materia Medica*. (Section 4)

Succussion is the process used in the preparation of homoeopathic remedies in liquid form where the container holding the medicinal solution is repeatedly shaken firmly with vertical movements against a firm surface thus violently agitating the medicinal solution. (Section 4)

Trituration is the process used in the preparation of homoeopathic remedies in solid form where the active substance and a medicinally neutral powder, often sugar crystals prepared from maize or milk, are ground together using a mortar and pestle. Usually trituration is used only until the mixture is soluble. (Section 4)

Vaccination is defined as the administration, usually orally or by injection, of attenuated antigenic material together with preservatives and adjuvants to stimulate the production of antibodies in the recipient. (Introduction)

The **Vital Force** is defined by homoeopaths as a person's self-balancing (healing) energy that is present from birth, and which acts to maintain homoeostasis on the mental, emotional and physical levels of the person's being. (Section 4)

Some Thoughts

For parents

"The public surely is entitled to convincing proof, beyond any reasonable doubt, that artificial immunization is in fact a safe and effective procedure, in no way injurious to health, and that the threat of the corresponding natural diseases remain sufficiently clear and urgent to warrant mass inoculation of everyone, even against their will if necessary.

"Unfortunately, such proof has never been given."

Dr R Moskowitz MD. *The Case Against Immunization*

For practitioners

"The salutary eruptive diseases of infancy are responsible for much miasmatic elimination, and the unnatural vaccinations which are so extremely contrary to the proper stability of the human race, make the Sycotic condition deeper by suppressing or preventing the miasm from taking an acute form."

Dr P S Ortega. *Notes on the Miasms*

For scientists

"A science which ignores all evidence in order to believe what it prefers is a science not worthy of the name."

Dr L Pascal. *What Happens When Science Goes Bad*

For everyone

All truth goes through three steps:

1. First, it is ridiculed.
2. Second, it is violently opposed.
3. Finally, it is accepted as self-evident

Arthur Schopenhauer (German philosopher, 1788-1860)

"Secrecy is the antithesis of the true scientific method. The scientists should never forget this"

Dr Isaac Golden, July 2005