

Contemporary Repertory of Meditative Provings

Paula Leszczuk, Karan Main

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Hard covers with gloriously vibrant pink end pages!

When a book of *Materia Medica* enters our libraries we become absorbed, imbibing all the strangeness, discovering the inner life of substances of which we can have little idea except through provings and meditation. Books like Madeleine Evans' *Meditative Provings Volumes 1 and 2* are fascinating, containing so much new material. The problem we then encounter is how to access all of this? How to use it in our practices? Paula Leszczuk and Karan Main saw the need for a repertory, and after two years fraught with research, learning, innovation, backtracking, designing and a vast amount of just real hard brainwork, they have launched their first beautiful hardback book: *A Contemporary Repertory of Meditative Provings* dedicated to Madeleine's published meditative provings of 83 remedies.

This repertory contains chapters seldom found in a repertory before; chapters, set in alphabetical order, with headings such as Astrological, Breasts [much more user-friendly than *Mammae*], Environment, Esoteric/Exoteric, Pelvis, Sensations As If, Puberty, Toxicity and Miasms, as well as the expected: Mind, Generals and so on. Arms and Legs replace Extremities, and Diseases and Conditions are grouped together in one chapter instead of leaving us groping amongst the Generals. In other words, this is a repertory put together by working homeopaths who have realised the short-comings of former repertories!

This is a refreshing piece of work – the cover and end papers are young and vibrant, and speak of the global aspects of the provings. The rubrics are written in modern English and have been neither interpreted nor translated from the provings. Having sentences [rubrics] that read as we speak, instead of the usual inverted rubric form, makes easy reading and clear comprehension. There are many cross-references to facilitate one's search.

When Jan Scholten's *Homeopathy and Minerals* was published in 1993, I painstakingly put it into reportorial form for ease of searching. It speeded up my use of the minerals and also my understanding of them. This is what Paula Leszczuk and Karan Main have done for *Madeleine Evans's Meditative Provings*, in making the Repertory of Meditative provings available to the public.

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