The boundary between reality and conscious and unconscious became porous; This was very impressive, but also frightening. Like a psychic medium, something that connects the worlds, conscious and unconscious. Something that lets you see things where you usually can’t. 

Sens. everything around was unreal. Was that really so. Has this really happened or did I only dream it?

Phantom-like visions, sounds, thoughts. Clouds and motions on the fringes of the visual field, that couldn’t be referred to anything. From corner of eye see something black, like a shadow, moving; looking, don’t see anything. From the corner of eye see a big animal scurry down a tree; on looking at it, there was nothing. Sounds for which there is no explanation; I go into the room where I heard the noise from, but don’t find an explanation. On the mental level strange observation on the fringe of consciousness. Sens. of something happening on the fringes of my mind, which always vanished, when I focused my attention on it.

Did I really dream this or was it my imagination? Sometimes I don’t trust my own perception. Furthermore I often think that what I say is a lie. Dreamt, I had gone asleep and had a dream that I had gone to sleep – a dream in the dream of the dream. It was extremely difficult to get out of it; I had to struggle to wake up. And then it was a dream again. I just couldn’t get out Dreams and thoughts of Grandmother.

I am thinking about the right and left halves of the brain; How can one find the centre in oneself and live? Rigidity; sens. of a pushing, like torture. Express their opinion clearly and disassociating. Replies in a sharp, clear, definite way. Say goodbye to old things. Integration of Kali, the murderer, the beast inside the woman, live your strength, your beast, your animalistic power! Talks intensively about dying and death.

Del. husband is selfish and envious, doesn’t show any interest in me at all; He draws a lot of energy from me when he has asthma; Exploited by him; he is not getting sex, this would even draw more energy from me; Avers. sex, I love this remedy! It distances myself from school, my brother and my husband. The killer! Or great sexual desire. Lots of sexual energy, greedy. Has orgasm from rolling on the floor.

Sens. head is totally empty, hollow. Can’t absorb anything, I am just marking time. Scatterbrained. In a fog; sens. she is miles away. Can’t absorb anything, I am just a feather. Express their opinion clearly and disassociating; Replies in a sharp, clear, definite way. Say goodbye to old things. Integration of Kali, the murderer, the beast inside the woman, live your strength, your beast, your animalistic power! Talks intensively about dying and death.

Alternating: good mood, and then irritable, indifferent and animated. Nervous and aggressive; snarling. Del that the birds (esp. a bird of prey that I cannot identify) communicate with me; an intensive perception of these birds’ voices, that I am deeply moved. No fear, just the feeling of being really connected to the birds!!!

Generals: < nap at noon, Very cold Sx in mouth and throat < by cold drinks Biting the nailbeds. Sens. to all impressions. Sens. of crawling animals; maggots through skin.

Tyto alba – the Barn Owl. A homoeopathic remedy proving; Conducted and edited by Jörg Wichmann and the Bergische Homöopathie-Schule, 2004. The remedy was given to the Remedia Pharmacy by the German homoeopath Herbert Sigwart, who acquired it from the Danish museum of the University of Aarhus, where he got the breast muscle and feathers from a deep-frozen wing of a barn owl. Owl was chosen for this proving due to a ‘joke’ proving of ‘owl’s milk’ called ‘Lac owleum’, eight years earlier. This faux proving was taken seriously by the homeopathic community and caused quite a stir when it was found to be ‘bogus’ – merely a joke. “Yet since that article I knew I owed something to the owls whom I had mistreated in this way for a mere joke, and in which their spirit had taken part extensively, I’m glad to say. So eight years later I started a full and serious remedy proving of owl.”