

Table of Contents:

ABOUT THE AUTHOR 1

FOREWORD BY GEORGE VITHOULKAS 14

FOREWORD BY ERIK VAN WOENSEL 20

INTRODUCTION 27

PRACTISING HOMEOPATHY 27

THE ENERGY COMPLEX OF THE ORGANISM -

HAHNEMANN'S 'VITAL FORCE' 27

THE DEFENCE MECHANISM 28

SYMPTOMS USED AS A MEANS TO DISCOVER THE

CORRECT HOMEOPATHIC REMEDY 30

EVALUATION OF THE TREATMENT GIVEN TO A PATIENT 31

LEVELS OF HEALTH 38

INTRODUCTION 38

GENERAL DESCRIPTION OF LEVELS OF HEALTH 38

PROGNOSIS AND LIFE EXPECTANCY 44

SUSCEPTIBILITY 47

GENETIC PREDISPOSITION - HAHNEMANN'S 'MIASMS' 51

THE IMPORTANCE AND THE MEANING OF A 'CLEAR'

REMEDY PATTERN 53

POTENCY SELECTION 55

REPETITION OF DOSES 57

ANTIDOTES TO HOMEOPATHIC TREATMENT 58

VACCINATIONS 63

ACUTE DISEASES DURING CHRONIC TREATMENT 63

Introduction 63

Susceptibility to acute diseases in the different groups 64

The management of acute conditions and their meaning

during the treatment of a chronic condition 68

General conclusions concerning acute diseases during

chronic treatment 84

REMEDY REACTIONS 85

Introduction 85

How a homeopathic prognosis of a case is made 85

Observations of remedy reactions 90

SUMMARY OF CHAPTER LEVELS OF HEALTH 136

CASE STUDIES 149

INTRODUCTION TO THE CASES 149

THE REPERTORY AND THE REPERTORISATIONS 149

CASE 1: HERPES ZOSTER 150

CASE 2: OSTEOARTHRITIS 158

CASE 3: RECURRENT TONSILLITIS AND OTITIS MEDIA 176

CASE 4: RECURRENT ACUTE DISEASES AND

EPILEPTIFORM SEIZURES 193

CASE 5: MULTIPLE SCLEROSIS 230

CASE 6: SLEEPING DISORDERS IN A CHILD 242

CASE 7: CHOLANGIOCARCINOMA 275

OBSTACLES TO HOMEOPATHIC TREATMENT 302

TRIGGERING OR 'EXCITING' CAUSES OF DISEASES 302

1. Conflicts on the physical plane 303

2. Conflicts on the emotional plane 304

3. Conflict on the mental plane 306

SELF-PRESERVATION AND HUMAN EVOLUTION 307

THE CONCEPT OF 'CURE' 308

OBSTACLES TO HOMEOPATHIC TREATMENT 311

1. Physical blockages 311

2. Emotional blockages 317

3. Mental blockages 322

FINAL NOTE 329

INDEX 334