

MAGNESIUM FLUORATUM

Bibliography

Mezger, J. *Gesicht. Homoop. Arzneimittellehre*, 4th edn. Heidelberg: Haug, Stabler, M. 1970. 'Briichige Nagel; Abbrechende Haare'. *Allg. Homoop. Zeitung* 9.

Source

Magnesium fluoride: Mgp2. There is no existing Hahnemannian proving for this remedy. It was by clinical usage, based on the characteristics of magnesium and fluorine that Mezger established the following symptomatology.

Clinical Symptomatology

GENERALITIES

Acts on the mesenchymatic system.

Drainage of fibrous tissue, the lymphatic system, and mucous membranes.

Glandular and tonsillar drainage.

Drainage of chronic suppurations.

Drainage of auto-toxins and bacterial and viral toxins.

CLINICAL INDICATIONS

Localized infections from bacteria.

Streptococcus, enterococcus, staphylococcus.

Rhinal and pharyngeal infections of the maxillary sinus, of the nose and tonsils. Post-infectious conditions following influenza, sinusitis, tonsillitis, with:

fatigue, asthenia, nervous irritability, lack of appetite, muscular and neuralgic pains, pains in the ligaments and tendons, and articular pains.

After failure of *Sulfur* and *Hepar. Sulfur*. Metabolic complaints of *senescense*, with cholesterol disorders. Action on the *liver, pancreas, digestive passage. Capillary and venous stasis.* Venous thrombosis. Struma (goitre); dysthyroidism, with tendency to hyperthyroidism.

(Julian).

Magnesium Fluoratum

MODALITIES

Aggravation

From 3 a.m. and in the early hours of the morning.
From sleep, especially after lunch. A few days before menses.

Amelioration

From the movement in fresh air.

DOSAGE

Potencies: 6x and 12x.

RELATED REMEDIES

Sulfur

Auto-intoxication with fatigue, need for fresh air.
Itching eruption, alternating with other complaints, redness of the natural orifices, weakness at 11 a.m., sudden diarrhoea.

Hepar Sulfur

Tendency to suppuration.
Hypersensitive, especially to the cold.
Pain like that of a splinter.
Skin unhealthy.
Scrofulous lymphatic constitution.

Baryta Carb.

Hypertensive cardio-vascular sclerosis.
Glandular and ganglionic hypertrophy.
Cerebral slowness.

Strontium Carb.

Vascular and cerebral sclerosis.
Pain in the bones. Muscular cramps.

Cresol

Indifferent state, with loquacity, tremors, trembling, paresis, oliguria, articular stiffness. Neuro-cardio-vascular sclerosis.

MAGNESIUM SULPHURICUM

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Source

Magnesium Sulphate: MgSO₄. J. Mezger of Stuttgart repeated the proving of this remedy in 1944 on fourteen people, using the following potencies: 12x, 4x, 2x. 12x produced the best result, and, on the whole, this re-evaluation confirms the former experiments, as far as general outlines are concerned.

Symptomatology

GENERALITIES

Depressive condition, with hypersensitivity.
Liver complaints. Dysthyroidism.
Allergic, tubercular types, with nervous hyperexcitability.
Tendency to spasms in the hollow organs. Intermittent discomfort, with prolonged periods of relief.

MIND

Psychological

Bad-tempered, with *nervous tension*.
Anxious, as though about to be struck by misfortune.
Misunderstands everything.
Irritable, with fear of dying.
Face discoloured, grey.
Hypersensitive to pain.

Nervous

Headache, with feeling of fullness in the head, blood in the head, and a prickling, drawing, piercing sensation. Vertigo and numbness of the whole head. *All the nervous and psychological symptoms are aggravated in the morning, and ameliorated in the open air, or by washing the face in cool water*.
Pain in the bones of the face.
Sleep with *nightmares*: dreams *lively*, worrying, with palpitations.
Wakes at 3 a.m. with difficulty in falling asleep again. Extreme sleepiness in the daytime.

DIGESTIVE SYSTEM

Sore throat on swallowing, and pricking pains spreading to the ear.
Intense thirst.
Desire for fruits, green salad, and refreshing dishes.
Dryness and bitterness of the mouth.
Toothache.
Belching, smells of rotten eggs.
Aversion to sausages, meat, fats and fatty foods.
Diarrhoea after eating pancakes.
Stools like diarrhoea, greyish in colour, or constipation with grey stools covered with mucus.
Pain in the hepatic region, especially on breathing. Nightly attacks on the hepatic region and gallbladder, with temperature, heat, shivers, and painful sensitivity in the region of the gallbladder.

CIRCULATORY SYSTEM

Palpitations, and breathlessness from physical exercise.
Pricking pain in the heart, ameliorated by sitting and resting, and aggravated by heat. Wakes at night with palpitations, following sleep filled with nightmares.

Thermal regulation

Shivers, trembling, fever, with heat and sweating.
Pulse slow and irregular.

RESPIRATORY SYSTEM

Laryngeal cough on waking, sometimes spasmodic and dry, sometimes with sputum. Respiration panting after exercise.

SENSE ORGANS**Nose**

Headcold and nasal discharge, with ulceration inside the nose.
Congestive pain.

URINARY AND GENITAL ORGANS**Urinary**

Urine abundant, frequent, with reddish deposit.
Burning in the urethra! canal and meatus. Urine slightly green in colour.

Female Genitalia

Menses *too early or late.*
Menses scanty or heavy.
Blood thick and black.
Discomfort during menses: heaviness of the head, pain in the thighs and loins. *Thick leucorrhoea*, with pain in the thighs, and the lumbar and sacral regions. Pre-menstrual nausea.

LOCOMOTOR

Muscular rheumatic pains in different areas of the body.
Sciatic pains, aggravated at night and during rest, ameliorated by walking.
Pains in the muscles of the chest and arms.
Muscular pains aggravated by touch. Pain between the shoulders.

SKIN

Generalized pruritus over the whole body, worse in bed.
Acne on the back.

Hands moist from sweating.
Furuncular eruption on the neck.
Miliary eruptions, with burning and itching.
Chafing on the hands, worse after washing.

MODALITIES

Aggravation
In the morning, from travelling on a train, or in a closed vehicle.
Amelioration
From movement in the fresh air, from washing in cool water.

DOSAGE

Potencies: 6x, 12x, 5c, 7c, 15c, 30c.

PRINCIPAL SYMPTOMS

Nervous, hypersensitive, allergic (psoric), tubercular type. |
Hypersensitive to pain. Thirst, dryness and bitterness in the mouth. Biliary colic at night, with diarrhoea. Muscular rheumatoid pains. Menstrual irregularities. Dorsal acne.

RELATED REMEDIES

Magnesia Carb.
Demineralized, weak, hypersensitive, neuralgic.
Acrid dyspepsia, flatulence, intolerance of milk, constipation with hard stools, difficult to expel, or greenish diarrhoea.

Chamom.
Intolerance of suffering.
Diarrhoea, with burning stools, smelling of rotten eggs.

Argentum Met.
Agitation, talkativeness, nervous irritation.
Appearance unhealthy, pale.
Headache, especially on the left side.
Irritation in the oesophagus and pharynx, pyrosis, flatulence, diarrhoea.
Chronic inflammation of the mucous membranes.

CLINICAL DIAGNOSIS**Mind**

Psychasthenia.
Tetany.
Neuralgia.
Facial neuralgia.
Neuritis.
Toothache.
Digestive migraines.
Allergic migraines.
Dysthyroidism (Julian).
Diabetes.

Digestive System

Acute cholecystitis.
Summer diarrhoea.
Gastro-enteritis.
Spasmodic entero-colitis.
Colic of the liver and gallbladder.
Dysentery.

Circulatory System

Pseudo-angina pectoris (cardio-gastric syndrome).
Cardiac neurosis.

Respiratory System and Sense Organs

Sinusitis. Rhinitis.
Spasmodic coughing.

Urinary System

Dysuria.
Enuresis.
Urethritis.

Female Genitalia

Pre-menstrual syndrome.
Algomenorrhoea (dysmenorrhoea).
Menstrual dysrhythmia. Cervical
leucorrhoea. Inflammatory
leucorrhoea. Hyperfollicular
leucorrhoea.

Male Genitalia

Urethritis.
Prostatitis.

Magnesium Sulphuricum

Locomotor

Pains in the lumbar region.

Lumbago.

Chronic, non-inflammatory rheumatism of the hip.

Skin

Dysidrosis.

Warts.

Epithelioma (adjuvant treatment).

Eczema and vesicular eczemas.

Boils.

Dorsal acne.

Hebra's prurigo.